



## Depressant Action of Alcohol Extract of Jasmine Root on Central Nervous System in Mice

TIAN NING<sup>1</sup>, HONG LIANG<sup>1</sup>, WEN-ZHEN HUANG<sup>2</sup>, XUE-LIN DUAN<sup>3</sup>, YUE PENG<sup>3</sup> and TIE-JIAN ZHAO<sup>3,\*</sup>

<sup>1</sup>Department of Pharmacology, Guangxi Health Vocational & Technical College, Nanning 530023, P.R. China

<sup>2</sup>Guangxi Maternal and Child Health Hospital, Nanning 530003, P.R. China

<sup>3</sup>Basic Medical College, Guangxi University of TCM, Nanning 530001, P.R. China

\*Corresponding author: Tel: +86 13014989836; E-mail: 13014989836@163.com

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The pharmacological effects on the central nervous system of the alcoholic extract of jasmine root were explored to elucidate the mechanism and provide experimental basis for the development and application of jasmine root. The independent activity determination method is applied to observe the drug sedation action and sodium pentobarbital synergy is taken to observe its hypnotic effect. Hot plate method and acetic acid-induced writhing method are used to observe the analgesic action. Alcohol extract of jasmine root decreased the independent activity of mice, which may indicated its sedative hypnotic effect. The synergistic effect with pentobarbital sodium may indicated its hypnotic effect. Alcoholic extract of jasmine root can reduce acetic acid-induced writhing times and increase pain threshold in mice, indicating its analgesic action. Alcoholic extract of jasmine root have sedative-hypnotic effect and the effect of analgesia in mice.

**Keywords:** Jasmine root, Sedative hypnotic effect, Analgesic action.

### INTRODUCTION

Jasmine root (*Radix J. asmini Sambac RJS*) is the root of the plant jasmine *Oleaceae*. Five compounds were isolated and identified from jasmine root though chloroform fraction and butanol fraction of the alcohol extract, two of them were lignan compounds isolated from *Jasminum* for the first time<sup>1</sup> According to the literature, lignan compounds performed a depressant action of the central nervous system<sup>2</sup>. It was also reported that oral solution of jasmine root can cure insomnia<sup>3</sup>. For the further study, we focused on the central nervous system inhibition by alcohol extract of jasmine root.

### EXPERIMENTAL

The SPF mice (purchased from Experimental Animal Center in Guangxi University of TCM, weighing 18-22 g), alcohol extract of jasmine root (provided by Department of Basic Medical, Guangxi University of TCM,) Rotundine injection (Guangxi Nanning Baihui Pharmaceutical factory, Production batch: 1105001), Nikethamide injection (Shanghai modern Hasson Pharmaceutical production, Production batch: 11060112), Acetic acid (Tianjin reagent Factory produced), Pentobarbital sodium (Shanghai modern Hasson Pharmaceutical production, production batch: 1107008), Smart Hot Plate Instrument (Chengdu instrument Factory, RB-200), Biological and Functional Experimental System (Chengdu instrument Factory, BL-420E).

Jasmine root stock solution was concentrated to 5 g crude drug per mL. Refer to the result LD<sub>50</sub> = 89.95 g/kg weight, the mice in treatment groups were treated by garage with the concentrated solution at the dosage of 18.8 g/kg, 12 g/kg, 9 g/kg body weight respectively.

**Locomotor activity:** Improved sensitive locomotor activity measuring device<sup>4</sup> was applied (BL-420 E biological and functional experimental system connected with tension transducer). 48 mice, of half male, was divided into four groups randomly, 18.8 g/kg, 12.0 g/kg, 9.0 g/kg of concentrated solution groups and the saline group, 12 in each group. All the mice were administration by garage 0.05 h before intraperitoneal injection of 2 % nikethamide 0.1 mL/10 g and self-activity curve recording within 10 min each for four mice.

**Synergy with pentobarbital sodium:** 40 mice, of half male, were divided into four groups randomly as described above (n = 10). Each mice was given a intraperitoneal injection of sodium pentobarbital (0.2 mg/10 g) 0.5 h after administration. The loss of righting reflex was recorded as the occurrence of sleep

**Pain threshold in hot-plate test<sup>5</sup>:** Male mouse were selected and placed on a hot plate (Smart RB-200 hot plate meter) of 55 ± 0.5 °C individually and the time from plate-contacting to hind foot-licking was recorded as pain threshold. The mice whose pain threshold in 5-30 s were seen qualified, excluding those less than 5 s or more than 30 s. Pain threshold were

measured twice before administration, at intervals of 5 min and their average was calculated as basic pain threshold. 40 qualified mice were divided into four groups (n = 10) randomly: high, medium, low dose groups of alcoholic extract of jasmine root as described above and rotundine injection as positive control group. Pain threshold of each mice was measured at 30 min, 45 min and 60 min after intragastric administration. 60s was recorded for those beyond 60 s without responding.

**Acetic acid-induced writhing in mice<sup>6</sup>:** 50 mice, of half male, were randomly divided into five groups (n = 10): high, medium, low doses groups of alcoholic extract of jasmine root and rotundine injection as positive control group and saline as negative control group. All the mice were given intraperitoneal injection of 0.6 % acetic acid 0.1 mL/10 g, 30 min after intragastric administration. The number of writhing was measured respectively.

**Detection method:** Hot plate licking extended percentage = (threshold after administration- the basic threshold) / the basic threshold × 100 %. Writhing inhibition percentage = (control group writhing times - administration group writhing times) / control group writhing times × 100 %. Statistical analysis was performed with the SPSS 13.0. All data were expressed as means (± SEM). Statistical analyses were performed with either a Student t-test or an one-way analysis of variance (ANOVA). A p < 0.05 was considered statistically significant.

**RESULTS AND DISCUSSION**

**Locomotor activity:** As shown in Fig. 1, the three dosages of alcoholic extract of jasmine root (AEJR) reduced the spontaneous activity, inhibiting the exercise-induced agitation of nikethamide, significantly.

**Synergy with pentobarbital sodium:** Before the mice get into sleep, mostly performing humpback and stagger. High, medium and low dose groups of alcoholic extract of jasmine root could reduce disappearance time of righting reflex induced by sodium pentobarbital. Compared to the control group, pure sodium pentobarbital group, high dose group had a significant variation, P < 0.05, while the low, middle dosages groups had no significant variation( the low-dose group P = 0.315, middle dose group, P = 0.105). The results are shown in Table-1.

Groups	Disappearance time of righting reflex	T value
Sodium pentobarbital	344.5 ± 163.7	
Low dose group	368.3 ± 153.9	0.315
Medium dose group	291.2 ± 113.3	0.105
High dose group	257.9 ± 114.5	0.033

All data are expressed as the means ± SEM

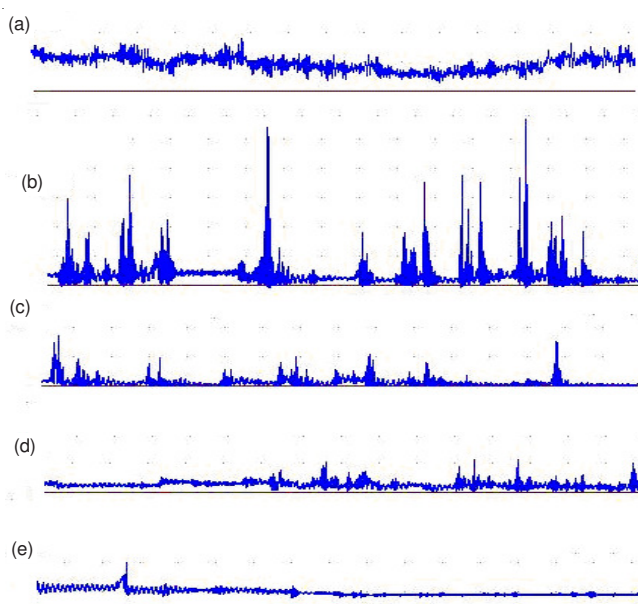


Fig. 1. Effect of different doses of AEJR and Nikethamide on spontaneous activity (a) Saline (b) Nikethamide (c) Low-dose of AEJR (d) Medium-dose of AEJR (e) High-dose of AEJR. All data are expressed as the means ± SEM.

**Hot plate method<sup>5</sup> in mice foot pain reaction pain threshold in hot-plate test:** Hot plate pain threshold of mice in each group had no variation before administration. Compared with those before administration, low-dose group of alcoholic extract of jasmine root at 0.5 h had no difference (P = 0.077), while a significant enhancement at 45 and 60 min(P < 0.05). Compared with the positive control group, medium-group and high-dose group both showed a inferior increase, though showed a significant enhancement (P < 0.05) at 30, 45, 60 min after administration compared with those before administration. The results of hot plate licking extended percentage are shown in Table-2.

**Acetic acid-induced writhing in mice:** Compared with the saline negative control group, low, medium and high dose groups of alcoholic extract of jasmine root were significantly reduced the number of writhing in mice in each group (P < 0.05), though the decrease of the number was inferior to rotundine. Inhibition percentage of writhing of low-dose group, medium-dose group, high-dose group and Rotundine positive control group were, 50.03, 70.78, 57.79 and 87.76 %, respectively. The results are shown in Table-3.

Jasmine root is bitter, warm and toxic. It is well applied to the treatment of bruises, dental caries, headache and insomnia embolism for its analgesic effect<sup>7</sup>. Our present data shows that alcoholic extract of jasmine root decreases inde-

Groups	Basic pain threshold	Basic pain threshold after administration			Pain threshold extended percentage		
		30 min	45 min	60 min	30 min	45 min	60 min
Low dose	14.06 ± 4.64	17.73 ± 5.49	24.21 ± 12.91	18.66 ± 4.28	36.00 %	86.15 %	61.87 %
Mediumdose	18.25 ± 6.86	24.83 ± 10.33	25.19 ± 10.33	21.04 ± 8.16	36.03 %	38.56 %	19.70 %
High dose	19.14 ± 3.74	28.11 ± 11.55	22.76 ± 12.74	27.97 ± 16.33	46.84 %	8.89 %	46.11 %
Rotundine	19.26 ± 6.67	60.00 ± 0.00	60.00 ± 0.00	60.00 ± 0.00	100.00 %	100.00 %	100.00 %

All data are expressed as the means±SEM

TABLE-3  
EFFECT OF ALCOHOLIC EXTRACT OF JASMINE ROOT  
ON ACETIC ACID-INDUCED WRITHING IN MICE

Groups	Writhing number /10 min	Writhing inhibition percentage
Saline group	17.11 ± 8.54	
Low-dose group	8.56 ± 4.09	50.03
Medium-dose group	5.00 ± 6.30	70.78
High-dose group	7.22 ± 3.45	57.79
Rotundine group	2.11 ± 2.42	87.76

All data are expressed as the means ± SEM

pendent activity induced by nikethamide, which indicating its sedative hypnotic effect. And it has synergistic effect with pentobarbital sodium, indicating its hypnotic effect. On the other hand, it can reduce torsion times and significantly increase the pain threshold of mice, indicating its analgesic action. writhing inhibition percentages are more than 50.0 % in acetic acid induced writhing experiment. All the study shows the inhibitory effect on the central nervous system. Study on the inhibition of CNS always aimed at traditional Chinese medicine of sedative and epilepsy and seldom publicly reported for the research and application of jasmine root. Further research on the mechanism and chemical structure of the active components is needed. This study would give a animal experimental foundation for the further research and clinical application of jasmine root.

## Conclusion

Alcoholic extract of jasmine root have sedative-hypnotic effect and the effect of analgesia in mice.

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