



Antioxidant Activity of Tetraterpene Glycosides from the Fruits of *Lycium Chinense* Miller

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Lycium chinense, a famous Chinese medicinal herb, has long history of use as a traditional remedy for many disease. Two compounds 6-(1,1,5-trimethyl-5 α -hydroxycyclohexanyl)-6'-(1',1',5'-trimethyl-2' β -hydroxycyclohexanyl)-9,13,9',13'-tetramethyloctadec-7,9,11,13,15,7',9',11',13'-nonene-5 α -D-arabinopyranosyl (2a \rightarrow 1b)- β -D-arabinopyranosyl-(2b \rightarrow 1c)- β -D-arabinopyranosyl-2'- β -D-arabinopyranosyl-(2d \rightarrow 1e)- α -D-arabinopyranosyl-(2e \rightarrow 1f)- α -D-arabinopyranoside (**1**) and 1(6), 11(12), 13(14), 1'(6'), 11'(12'), 13'(14')-dodecahydro- β -caroten-4 β , 4' β -diol-4 β -L-arabinopyranosyl-(2a \rightarrow 1b)- β -L-arabinopyranosyl-(2b \rightarrow 1c)- β -D-arabinopyranosido-4' β -L-arabinopyranosyl-(2d \rightarrow 1e)- β -L-arabinopyranosyl-(2e \rightarrow 1f)- β -D-arabinopyranoside (**2**) were isolated from the butanol fraction of methanol extract of fruits of *L. chinense*. The compounds (**1** and **2**) were investigated for scavenging of the diphenylpicrylhydrazyl (DPPH) radical scavenging activity, reducing power and the phosphomolybdenum activity and the results demonstrate that the compound **1** has potential as a natural antioxidant whereas the compound **2** exhibited moderate antioxidant activity.

Key Words: *Lycium chinense*, Solanaceae, Constituents, Antioxidant activity.

INTRODUCTION

Lycium chinense Miller fruits (Fructus Lycii) known as "Gou-Qi-Zi" in Chinese, has long history of application as a valuable tonic and health food supplement for improving vision and maintaining good health. It is reputed to have the properties of nourishing the blood, enriching the yin, tonifying the kidney and liver, moistening the lungs^{1,2}. Fruits of *L. chinense* (Solanaceae), distributed in northeast Asia, specially China, Japan, Korea and Taiwan, have been widely used as a tonic in traditional medicine. Numerous physiological and biochemical process in the human body may oxygen centered free radicals and other reactive oxygen species as by products. Over production of such free radicals can cause oxidative damage to biomolecules (e.g., lipids, proteins, etc.) eventually leading to many common disease and other degenerative disease in humans. Plants may contain a wide range of free radical scavenging molecules and some other endogenous metabolites, which are rich in antioxidant activity. Antioxidant compounds possess several class of biological activities to greater or lesser extent. The intake of natural antioxidants has been associated with reduce of several diseaese in human body³.

As resources of natural antioxidants much attention have been paid to plants and other organism. *L. chinense* is a

famous traditional Chinese herbal medicine which has functions of nourishing the kidney, lever and brighting eyes, reducing blood glucose level and serum lipids, antiaging, immuno-modulating, anticancer, antifatigue⁴⁻¹⁰. The plant was reported to possess antioxidant properties¹¹. Evaluation of antioxidant and other activities of compounds from *L. barbarum* and *L. chinense* has been reported^{10,12}. This paper describes the three antioxidant activities, 1,1-diphenyl-2-picrylhydrazyl (DPPH⁻) radical scavenging, reducing power and the phosphomolybdenum activities of two tetraterpene glycosides as 6-(1,1,5-trimethyl-5 α -hydroxycyclohexanyl)-6'-(1',1',5'-trimethyl-2' β -hydroxycyclohexanyl)-9,13,9',13'-tetramethyloctadec-7,9,11,13,15,7',9',11',13'-nonene-5 α -D-arabinopyranosyl (2a \rightarrow 1b)- β -D-arabinopyranosyl-(2b \rightarrow 1c)- β -D-arabinopyranosyl-2'- β -D-arabinopyranosyl-(2d \rightarrow 1e)- α -D-arabinopyranosyl-(2e \rightarrow 1f)- α -D-arabinopyranoside (**1**) and 1(6),11(12),13(14),1'(6'),11'(12'),13'(14')-dodecahydro- β -caroten-4 β , 4' β -diol-4 β -L-arabinopyranosyl-(2a \rightarrow 1b)- β -L-arabinopyranosyl-(2b \rightarrow 1c)- β -D-arabinopyranosido-4' β -L-arabinopyranosyl-(2d \rightarrow 1e)- β -L-arabinopyranosyl-(2e \rightarrow 1f)- β -D-arabinopyranoside (**2**) from the fruits of *L. chinense*. Antioxidant activity of tetraterpene glycosides (**1** and **2**) was evident as it showed significant natural antioxidants. Compounds **1** and **2** spectroscopic data were already reported in literature by us¹³.

EXPERIMENTAL

Free radical scavenging activity: The antioxidant activity of the different compounds (**1** and **2**), based on the scavenging activity of the stable 1,1-diphenyl-2-picrylhydrazyl (DPPH[•]) free radical, was determined by the method described¹⁴. The different concentrations (0.5, 1.0, 1.5, 2.0 and 2.5 mg) of the tested samples (0.2 mL; compounds and tocopherol) were taken in different test tubes with 4 mL of a 0.006 % MeOH solution of DPPH[•]. Water (0.2 mL) in place of the compound was used as control. Absorbance at 517 nm was determined after 0.5 h. Radical scavenging activity was expressed as the inhibition percentage and was calculated using the following formula, % radical scavenging activity = $[(A_0 - A_1)/A_0] \times 100$, where A_0 is the absorbance of the control and A_1 is the absorbance of the compound/standard.

Assay of reducing power: The reducing power of the *Lycium* fruit compounds was determined according to the method¹⁵. Different extracts of concentration (200, 400, 600, 800 and 1000 µg) in 1 mL of distilled water and was mixed with phosphate buffer (2.5 mL, 0.2 M/L, pH 6.6) and potassium ferricyanide [K₃Fe(CN)₆] (2.5 mL, 1 %). The mixture was incubated at 50 °C for 20 min. A portion (2.5 mL) of trichloroacetic acid (10 %) was added to the mixture, which was then centrifuged at 1000 rpm for 10 min. The upper layer of the solution (2.5 mL) was mixed with distilled water (2.5 mL) and FeCl₃ (0.5 mL, 0.1 %) and the absorbance was measured at 700 nm. Increased absorbance of the reaction mixture indicated increased reducing power. All analysis were run in triplicate and averaged.

Evaluation of antioxidant capacity by phosphomolybdenum method: The total antioxidant capacity of the compounds (**1** and **2**) was evaluated by the method¹⁶. An aliquot of 0.1 mL of sample solution (100 µg/mL) was combined with 1 mL of reagent solution (0.6 M sulfuric acid, 28 mM sodium phosphate and 4 mM ammonium molybdate). The tubes were capped and incubated in a boiling water bath at 95 °C for 90 min. After the samples had cooled to room temperature, the absorbance of the aqueous solution of each was measured at 695 nm against blank. A typical solution contained 1 mL of reagent solution and the appropriate volume of the same solvent used for the sample and it was incubated under same conditions as rest of the sample. The results are expressed as equivalents of α-tocopherol (mg/g of compound).

RESULTS AND DISCUSSION

Free radical scavenging activity: The free radical-scavenging activity of the compounds **1** and **2** was tested through DPPH[•] method¹⁴ and the results were compared with tocopherol. DPPH[•] is usually used as a substrate to evaluate antioxidative activity of antioxidants. The method is based on the reduction of methanolic DPPH[•] solution in the presence of a hydrogen donating antioxidant, due to the formation of the non-radical form DPPH-H by the reaction. The compounds were able to reduce the stable radical DPPH[•] to the yellow-coloured diphenylpicrylhydrazine. It has been found that cysteine, glutathione, ascorbic acid, tocopherol, polyhydroxy aromatic compounds (*e.g.*, hydroquinone, pyrogallol, gallic acid) and aromatic amines (*e.g.*, *p*-phenylene diamine, *p*-aminophenol),

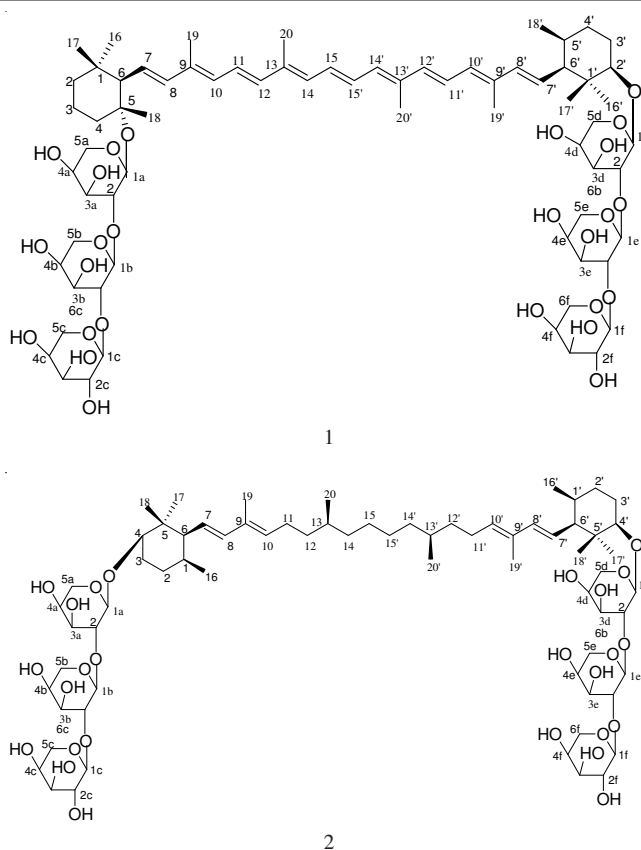


Fig. 1. Chemical structures of compounds **1** and **2**

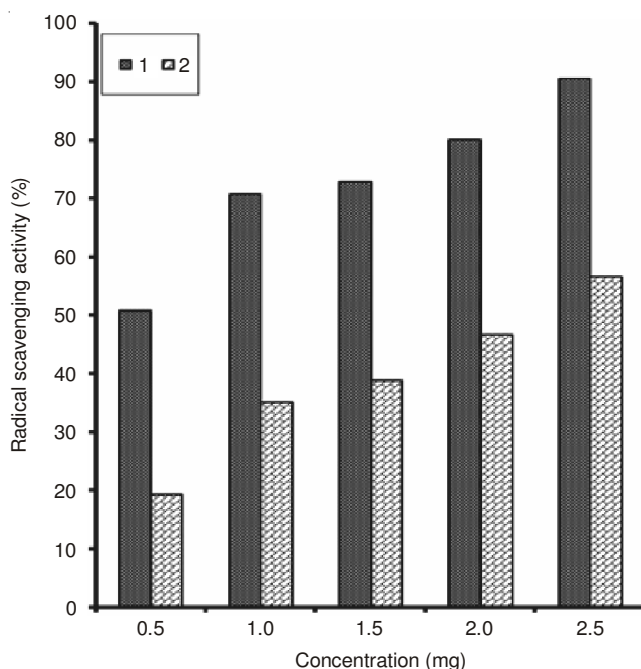


Fig. 2. Antioxidant activity of compounds **1** and **2** at different concentration levels as measured by DPPH

reduce and decolorize 1,1-diphenyl-2-picrylhydrazyl by their hydrogen donating ability¹⁷. Fig. 2 shows the concentration dependent antioxidant activity of the two compounds at different concentration levels as measured by the DPPH[•] scavenging assay. The IC₅₀ values of the two compounds are 0.49 and 2.21 mg/mL, respectively. Of the **2** different compounds from the methanol extract from the lycium fruits, compound **1**,

exhibited the highest activity of 90.57 % at 2.5 mg/mL concentration when compared with compound **2**, which exhibited 56.54 % at 2.5 mg/mL concentration (Fig. 2). The DPPH activity of tocopherol showed higher degree of free radical-scavenging activity than that of the compounds at very low concentration points. Li *et al.*¹⁰, reported that the polysaccharide fraction from the fruits of *Lycium barbarum* exhibited a weak DPPH activity. This is similar to other studies wherein they have reported that only 0.3 mg/mL tocopherol, 0.23 mg/mL BHT and 0.1 mg BHA exhibited a free radical scavenging activity equivalent to 3.9 mg/mL of red bean and 10 mg/mL of sesame coat extract^{18,19}.

Reducing power: Antioxidant effect exponentially increases as a function of the development of the reducing power, indicating that the antioxidant properties are concomitant with the development of reducing power²⁰. Okuda *et al.*²¹, have reported that the reducing power of tannins from medicinal plants prevents liver injury by inhibiting formation of lipid peroxides. Reductones are believed not only to react directly with peroxides but also prevent peroxide formation by reacting with certain precursors. As seen in Fig. 3 reducing power of the two compounds from the methanol extract of lycium fruit increased with increasing concentration from 200-1000 µg/mL. Reducing power of the compounds from the methanol extract of lycium fruits followed the order- **1** < **2**. The activity of tocopherol was pronouncedly higher than the test samples at very low concentration points. This is in line with the observations of several other workers wherein the reducing power of BHT and tocopherol¹⁹ and BHA²² was higher than the extracts. In the present study, though the compounds from the methanol extract of lycium fruits exhibited a moderate reducing power they did have an activity that reveals that the compounds from the methanol extract of lycium fruit are electron donors and can react with free radicals and convert them to stable products thus terminating the free radical chain reactions.

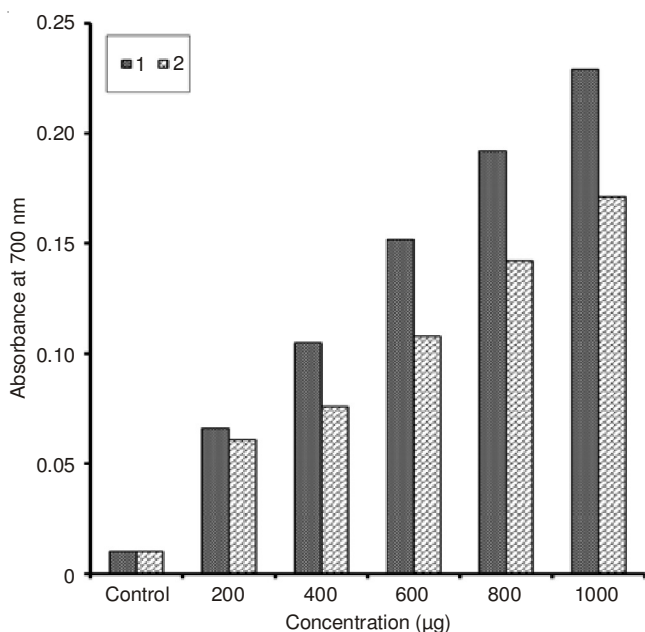


Fig. 3. Reducing power of compounds **1** and **2** at different concentrations

Antioxidant capacity by phosphomolybdenum method:

The antioxidant capacity of the two compounds was measured spectrophotometrically through phosphomolybdenum method, which is based on the reduction of Mo(IV) to Mo(V) by the sample analyte and the subsequent formation of green phosphate/Mo(V) compounds with a maximum absorption at 695 nm. The antioxidant capacity of the compounds was found to decrease in the order, **2** > **1** (Table-1).

TABLE-1
ANTIOXIDANT CAPACITY OF COMPOUNDS **1**
AND **2** BY PHOSPHOMOLYBDENUM METHOD

Compounds	Antioxidant capacity (%) as equivalent to α -tocopherol (mg/g)
1	38.84
2	42.03

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