

## NOTE

### Theoretical Study for Antioxidant Activity of Vitamin C Beside C<sub>16</sub> Cluster as a Novel Carrier

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Theoretical calculations were carried out to interaction between vitamin C, as a good antioxidant compound and C<sub>16</sub> cluster using density functional theory method. Thermodynamic binding parameters such as binding energy, enthalpy, entropy and free Gibbs energy have been calculated. Also HOMO, LUMO and HOMO-LUMO Gap energies have been performed for C<sub>16</sub> inside vitamin C. The results show that HOMO- LUMO gap energy of vitamin C decreases after connecting to C<sub>16</sub> cluster and by decreasing of HOMO- LUMO gap energy for vitamin C beside C<sub>16</sub> cluster, vitamin C can act better as an electron donor and antioxidant.

**Key Words:** Vitamin C, Antioxidant properties, Thermodynamic parameters, C<sub>16</sub> Cluster.

Vitamin C (ascorbic acid) is a six-carbon lactone that is synthesized from glucose in the liver of most mammalian species, but not by humans, non-human primates and guinea pigs. These species do not have the enzyme gulonolactone oxidase, which is essential for synthesis of the ascorbic acid immediate precursor 2-keto-l-gulonolactone. The DNA encoding for gulonolactone oxidase has undergone substantial mutation, resulting in the absence of a functional enzyme<sup>1,2</sup>. Consequently, when humans do not ingest vitamin C in their diets, a deficiency state occurs with a wide spectrum of clinical manifestations. Clinical expression of vitamin C deficiency, scurvy, is a lethal condition unless appropriately treated. Thus, humans must ingest vitamin C to survive. Vitamin C is an electron donor and therefore a reducing agent. All known physiological and biochemical actions of vitamin C are due to its action as an electron donor. Ascorbic acid donates two electrons from a double bond between the second and third carbons of the 6-carbon molecule.

A reactive and possibly harmful free radical can interact with ascorbate. The reactive free radical is reduced and the ascorbyl radical formed in its place is less reactive. Reduction of a reactive free radical with formation of a less reactive compound is sometimes called free radical scavenging or quenching. Ascorbate is therefore a good free radical scavenger due to its chemical properties<sup>3,4</sup>.

Vitamin C can be oxidized by many species that have potential to be involved in human diseases<sup>5-7</sup>. Some of the relevant species, which receive electrons and are reduced by

vitamin C, are superoxide, hydroxyl radical, peroxy radicals, sulphur radicals and nitrogen-oxygen radicals.

Oxidant damage might cause or exacerbate common human diseases, such as atherosclerosis<sup>8-10</sup> and type II diabetes mellitus<sup>11,12</sup>. It might also have a role in the pathophysiology of type I diabetes mellitus<sup>13</sup>, diabetic complications<sup>14</sup>, chronic renal failure<sup>15,16</sup>, complications of end stage renal disease and hemodialysis<sup>17</sup>, rheumatoid arthritis<sup>18</sup>, neurodegenerative diseases and pancreatitis<sup>19</sup>. Oxidants are thought to cause further damage to organ systems during acute illnesses such as myocardial infarction, acute pancreatitis, sepsis and inflammatory disorders and play an important role in the long term damage from cigarette smoking.

Due to the importance of vitamin C as an antioxidant in this study we used C<sub>16</sub> cluster as a novel carrier for vitamin C.

**Computational details:** The C<sub>16</sub> cluster and vitamin C inside C<sub>16</sub> cluster were geometrically optimized using 6-311G, 6-311G\* and cc-pvdz basis sets with the Gaussian 03 by the B3LYP method (Figs. 1 and 2). From the optimized structure, quantum-mechanical descriptors were calculated and compared. Also HOMO-LUMO gap energy were calculated using DFT method by using the Gaussian 03 software<sup>20</sup>. The binding energies were calculated using the following equation<sup>21</sup>:

$$\Delta E_b = E(C_{16}/\text{Vitamin C}) - E(\text{Vitamin C}) - E(C_{16})$$

where  $E(C_{16}/\text{vitamin C})$  is the total electronic energy of the C<sub>16</sub> cluster with the attached vitamin C,  $E(C_{16})$  is the electronic energy of the C<sub>16</sub> cluster and  $E(\text{vitamin C})$  is the electronic energy of the vitamin C (Table-1).

TABLE-1  
HOMO, LUMO AND HOMO-LUMO GAP ENERGIES VITAMIN C AND C<sub>16</sub> CLUSTER INSIDE VITAMIN C

Basis set	Vitamin C			C <sub>16</sub> cluster inside vitamin C		
	B3LYP/6-311G	B3LYP/6-311G*	B3LYP/cc-pvdz	B3LYP/6-311G	B3LYP/6-311G*	B3LYP/cc-pvdz
HOMO (eV)	-0.26814	-0.25948	-0.24934	-0.24356	-0.23359	-0.22793
LUMO (eV)	-0.09013	-0.07601	-0.06535	-0.18262	-0.18401	-0.17806
HOMO-LUMO Gap (eV)	0.17801	0.18348	0.18339	0.06094	0.04958	0.04987

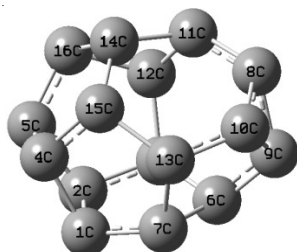


Fig. 1. Optimized structure C<sub>16</sub> cluster

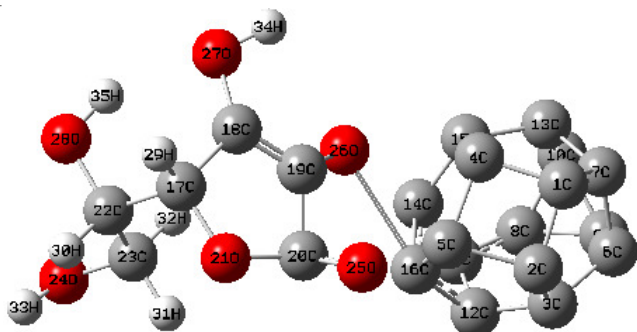


Fig. 2. Optimized structure C<sub>16</sub> cluster inside vitamin C

Vitamin C is considered the most important water-soluble antioxidant in extracellular fluids. It is capable of neutralizing free radicals in the aqueous phase before lipid peroxidation is initiated. Vitamin C is an electron donor and therefore a reducing agent. All known physiological and biochemical actions of vitamin C are due to its action as an electron donor. It donates two electrons from a double bond between the second and third carbons of the 6-carbon molecule. It is also called an antioxidant because, by donating its electrons, it prevents other compounds from being oxidized. Therefore in this study effect of C<sub>16</sub> cluster on antioxidant activity of vitamin C have been investigated.

TABLE-2  
BINDING ENERGY, ENTHALPY, ENTROPY AND FREE GIBBS FOR C<sub>16</sub> CLUSTER INSIDE VITAMIN C

$\Delta E_b$ (J)	3404117.756
$\Delta S_b$ (J/K)	-448.9469386
$\Delta H_b$ (J)	3401601.72
$\Delta G_b$ (J)	3535387.908

The results shown The HOMO energy for vitamin C increases and HOMO-LUMO gap energy of vitamin C decreases after connecting to C<sub>16</sub> cluster. Also by decreasing of HOMO-LUMO gap energy for vitamin C beside C<sub>16</sub> cluster, it can act better as an electron donor and antioxidant. Thermodynamic analyses show C<sub>16</sub> cluster beside vitamin C have positive values

of relative energies ( $\Delta E$ ), enthalpies ( $\Delta H$ ) and free Gibbs energies ( $\Delta G$ ) in gas phase. Our results also show that entropy ( $\Delta S$ ) for C<sub>16</sub> cluster beside vitamin C system has negative values (Table-2).

### Conclusion

The interaction between vitamin C and C<sub>16</sub> cluster have been investigated with density functional theory using B3LYP method. We analyze the binding parameters, HOMO, LUMO and HOMO-LUMO gap energies for this cluster. HOMO-LUMO gap energy for vitamin C after connection to C<sub>16</sub> cluster was decreased and vitamin C can act better as an electron donor and antioxidant. The thermodynamic analyses also show C<sub>16</sub> cluster beside vitamin C have positive values of relative energies ( $\Delta E$ ), enthalpies ( $\Delta H$ ) and free Gibbs energies ( $\Delta G$ ) in gas phase. Also, our results show that entropy ( $\Delta S$ ) for C<sub>16</sub> cluster beside vitamin C system has negative values. Therefore we arrive at the prediction that the C<sub>16</sub> cluster can be implemented as a novel carrier for vitamin C.

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