

Comparison of Simultaneous Distillation and Extraction, Static Headspace and Headspace-Solid Phase Microextraction Coupled with GC/MS to Measure the Flavour Components of *Tricholoma matsutake*

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Accepted: 26 April 2013)

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(Received: 30 June 2012;

Simultaneous distillation and extraction, static headspace assay and headspace-solid phase microextraction combined with GC/MS, were optimized to analyze flavour compounds in *Tricholoma matsutake*. The optimal conditions for simultaneous distillation and extraction were as following: sample/solution 6:8 (w:v), incubation 1 h, 90 °C distillation 2 h, 1 min extraction. The optimal conditions for static headspace assay were 130 °C equilibrium 30 min. For headspace-solid phase microextraction, the best conditions were 80 °C equilibrium 5 min, PDMS fibers extraction. 52, 27 and 27 flavour compounds can be identified by the improved simultaneous distillation and extraction, static headspace assay and headspace-solid phase microextraction, respectively. The analytical results from headspace-solid phase microextraction of which 14 flavour compounds were also found in simultaneous distillation and extraction. Headspace-solid phase microextraction and simultaneous distillation and extraction were partly overlapped. While only 7 compounds from static headspace assay can also be detected in headspace-solid phase microextraction and simultaneous distillation and extraction. Twenty compounds unidentified in headspace-solid phase microextraction and simultaneous distillation and extraction of improved static headspace assay and headspace-solid phase microextraction were applied to the analysis of flavour compounds in *T. matsutake* due to its efficiency and simplicity.

Key Words: Static headspace assay, Headspace-solid phase microextraction, Tricholoma matsutake, GC/MS.

INTRODUCTION

T. matsutake, called songrong jun in China, was one kind of esculent and delicious mushroom species worldwide. T. matsutake benefited human health well due to its cholesterol lowering, antioxidant, immunomodulating, antitumor effects¹⁻³. The quality of mushrooms depends on factors such as their aroma, taste, texture and colour, of which the aroma is most critical⁴. GC/MS is the most versatile method for the analysis of volatile aromatic components in the present. The preprocessing methods for GC/MS are decisive factors to the analytical results. Many jobs have been done concerning on the analysis of flavour components of T. matsutake by GC/MS method⁵⁻⁷. The results from the predecessors showed that the aromatic components of T. matsutake primarily composed a series of C₈ components *i.e.*, 3-octanol, 1-octen-3-ol, 1-octanol, (E)-2-octen-1-ol, 3-octanone, 1-octen-3-one, (E)-2-octenal and octanoic acid^{6,7}. However, when consulting the references, we

found that almost all the researchers utilized simultaneous distillation and extraction as the pre-processing method to analyze the flavour compositions in T. matsutake. Simultaneous distillation and extraction need relative long time and large quantity of sample⁴⁻⁷. Static headspace is a simple and fast technique to implement because no sample preparation or solvent is needed. Static headspace is used in food flavour analysis for the extraction of volatile compounds of olive oils, rice and cheeses⁸⁻¹⁰. Headspace-solid phase microextraction (SPME), developed by Arthur and Pawliszyn in 1990, is also a solvent-free sample preparation technique for the extraction of volatile and semivolatile compounds^{11,12}. This method, composed of a fused-silica fiber coated with different stationary phases, has been successfully used in the characterization of fragrance of several mushrooms¹³⁻¹⁵. The objective of this paper is to optimize the simultaneous distillation and extraction, static headspace and HS-SPME to compare their applicability to the analysis of volatile compounds of T. matsutake.

AJC-13401

EXPERIMENTAL

All the fresh samples were bought just before analysis from Chinese Traditional Medical Market, Juhua village, Kunming, Yunnan province, P.R. China.

Simultaneous distillation and extraction (SDE): The samples were cut into pieces $(0.3 \times 0.3 \text{ cm})$. To select the optimal ratio of sample/solution and incubation time, 15, 20, 25, 30 and 40 g were mixed with 500 mL water in sealed flask and incubated 1, 2, 4 and 8 h. 40 mL anhydrous ether was added to another flask to collect the volatile substances. The mixture was distilled at 65 °C for 0, 0.5, 1, 2 4, 8 h to select an optimal distillation and extraction time. Then, the collected volatile potions were dried with nitrogen and dissolved with 500 µL hexane for GC/MS analysis.

Simultaneous distillation and extraction (SDE): 0.1 g mushroom was homogenized and immediately sealed in 25 mL headspace vials with silicone rubber Teflon caps. 5 mL 0.1, 0.2 and 0.3 g mL⁻¹ NaCl was added to the vials to examine the effect of NaCl on the analytical results. To select an optimal equilibrium temperature, vials were equilibrated at 60, 80, 100, 120, 140 and 150 °C. To select an optimal equilibrium time, vials were equilibrated for 10, 20, 30 and 60 min.

HS-SPME extraction: 0.1 g mushroom was homogenized and immediately sealed in 25 mL headspace vials with silicone rubber Teflon caps. The vial was kept at 60, 70, 80 and 90 °C with continuous internal stirring for 30 min to determine the optimal equilibrium time; then, the PDSM SPME fiber was exposed to the headspace for 1, 2, 5 and 10 min to select an optimal absorption time. After sampling, the SPME fiber was introduced into the GC injector and was left for 3 min to allow the analytes thermal desorption.

GC/MS analysis: GC/MS was performed with GCMS-QP2010 chromatogram system (Shimadzu) equipped with AOC-5000 automatic static headspace injector (Shimadzu) and DB-5MS(30 m × 0.25 mm, 0.25 μ m, Agilent) column. Helium (10 mL/min linear speed) was the carrier gas. The injector temperature was set at 180 °C. The oven temperature was maintained at 50 °C for 5 min and programmed to 250 °C at 3 °C/min. Mass spectrometry analysis was carried out using a Hewlett-Packard mass selective detector model 5973 coupled to the gas chromatograph. The mass spectrometer was operated in the electron impact ionization mode (70 eV), with a scan range of 40 to 400 amu. The ion source temperature was set at 200 °C.

Volatile compounds identification: Volatile compounds were identified by comparing their spectra to those of the Wiley library and also by comparison of their GC Kovats index and retention time to those of standard compounds and data from literature¹⁶.

Quantitative measurements: The total content of the volatile of each analysis was defined by integrating the peak areas of compounds identified. The relative percentages of individual compounds were calculated from the total contents of volatile on the chromatograms.

RESULTS AND DISCUSSION

The anhydrous ether was used as the solution to extract the flavour compounds from the *T. matsutake*. To assay the effect of ratio of sample quality/anhydrous ether, the fresh *T*. matsutake samples (15, 20, 25, 30 and 40 g) and 40 mL anhydrous ether were used to allow the sample quality/anhydrous ether was 3:8, 4:8, 5:8, 6:8, 1:1 (W:V), respectively. As shown in Fig. 1, the total peak area in 40 g (1:1) was the largest; however, detail comparison indicated that the nonaromatic compounds (45/192, data not revealed) in 40 g was more than that (47/110, 100) and 100 g was more than that (47/110) and 100) and 100 g was more that (47/110) and 100 g was moredata not revealed) in 30 g, suggesting that the best ration of sample quality/anhydrous ether was 6:8 in simultaneous distillation and extraction. Incubation time is another factor to influence the outcome. Too less time may cause the volatile compounds not to be completely released from the materials. On the other hand, the volatile compounds may vapourize due to long time incubation, resulting in the inaccurate outcome. Appropriate incubation time was necessary for good analytical results. The total peak area of volatile compounds came to a head when incubated in one hour, which indicated one hour incubation was the best for the analysis in simultaneous distillation and extraction (Fig. 2). Extraction time can also influence the analytical outcome like incubation time. As revealed in Fig. 3, the total peak area of volatile compounds amounted to a maximum in 2 min, suggesting 2 min extraction was the best. Thus, the optimal conditions for simultaneous distillation and extraction were as following: sample/solution 6:8 (w:v), incubation 1 h, 90 °C distillation 2 h, 2 min extraction.



Fig. 1. Effect of sample quality on the total volatile compounds in SDE



Fig. 2. Effect of incubation time on the total volatile compounds in SDS



Fig. 3. Effect of extraction time on the total volatile compounds in SDS

For the static headspace, we selected equilibrium temperature, time and NaCl concentration as the optimized parameters. Fig. 4 showed that the total peak area of volatile compounds gradually increased with the increase of equilibrium temperature. When the equilibrium temperature arrived at 130 °C and 140 °C, the total peak area was similar. The detail analysis of spectra indicated that nonaromatic compounds in 140 °C was more when compared that in 130 °C (data not revealed). In addition, the higher equilibrium temperature was, the more artificial compounds were produced. It was indicated that the best equilibrium temperature was 130 °C in static headspace. The volatility of organic compounds is essential for the GC/MS analysis. The total peak area of volatile compounds significantly reduced with the increase of NaCl concentration (Figs. 5 and 6). One explanation was that NaCl solution can help to enhance the volatility of polar compounds, while, volatile compounds in T. matsutake chiefly was nonpolar molecular¹⁷. For the reason, the NaCl solution was not suggested to be added in static headspace. As revealed in Fig. 7, the total peak area of volatile compounds was increased as the equilibrium time increase. After 30 min, the total peak area almost kept unchangeable, indicating the majority of volatile compounds has vapourized from the materials. The optimal equilibrium time was 30 min. Hence, the optimal conditions for static headspace were 130 °C equilibrium 30 min, without NaCl.

The total peak area of volatile compounds gradually increased with the increase of equilibrium temperature in the HS-SPME (Fig. 8). The volatility of compounds reached the



Fig. 4. Effect of equilibrium temperature on the volatile compounds in SHS



saturation in 80 °C. Therefore, we selected the 80 °C as the optimal equilibrium temperature. Fig. 9 showed that the total volatile compounds gradually increased with the increase of equilibrium time. The optimal equilibrium time was 5 min due to the largest peak area in 5 min.



Fig. 6. Comparison of GC spectrum of volatile compounds in SHS with/ without NaCl extraction red means 0.1 g/mL NaCl in sampling, Black means no NaCl in sampling



Fig. 7. Effect of equilibrium time on the volatile compounds in SHS



Fig. 8. Effect of equilibrium temperature on the volatile compounds in HS-SPME



Fig. 9. Effect of equilibrium time on the volatile compounds in HS-SPME

The GC spectra of *T. matsutake* essential oil by SDE, SHS and HS-SPME are shown in Figs. 10-12, respectively.



52, 27 and 27 flavour compounds can be identified by the improved simultaneous distillation and extraction, static headspace and HS-SPME methods, respectively (Tables 1-3). The main compounds from the three methods are both 1-octylene-3-ol, 3-octanone, 1-octanol and 3-octanol, which were the main aromatic constituents of *T. matsutake*.⁴⁻⁶ The volatile aromatic compounds from simultaneous distillation and extraction were more compared with those from static headspace and HS-SPME. But the relative percentage of 1-octvlene-3-ol, 3-octanone, 1-octanol and 3-octanol in the three methods are almost the same. More identification of volatile aromatic compounds in simultaneous distillation and extraction was possibly caused by the sample quality differentia used in the three methods rather than the methods differentia. In the simultaneous distillation and extraction, 20 g sample was used, while 0.1 g sample was used in static headspace and HS-SPME, which led to more trace compounds accumulation in simultaneous distillation and extraction. It is predicated that appropriate increase sample in HS-SPME and static headspace will brought about more identification of aromatic compounds. In HS-SPME, 14 of 27 compounds can also be found in simultaneous distillation and extraction. This may be due to the specific extraction of PDMS fibers in HS-SPME. HS-SPME and simultaneous distillation and extraction were partly overlapped. In comparison, only 7 compounds, including 1-octylene-3-ol, 3-octanone, 1-octanol, 3-octanol, (E)-2-nonenal, (E,E)-2,4-decadienal and methyl cinnamate in static headspace, can be also found in HS-SPME and simultaneous distillation and extraction. This indicated that the static headspace seemed different from that of simultaneous distillation and extraction and HS-SPME. Some volatile compounds unidentified by HS-SPME and simultaneous distillation and extraction can be detected by static headspace.

TABLE-1

ESSENTIAL OIL OBTAINED BY SDE				
Peak	Chemical name	Relative content (%)		
1	Benzaldehyde	0.41		
2	1-Heptanol	0.14		
3	1-Octen-3-ol	31.26		
4	3-Octanone	14.95		
5	2-Pentylfuran	0.18		
6	3-Octanol	16.43		
7	Octanal	0.32		
8	2-Ethyl-1-hexanol	0.03		
9	Phenylacetaldehyde	0.21		
10	(E)-2-Octenal	0.11		
11	Hexanal	0.26		
12	(E)-2-Nonenal	1.23		
13	Acetophenone	0.07		
14	1-Octanol	14.48		
15	1.2-Epoxyethylbenzene	0.17		
16	<i>cis</i> -Linalool oxide B	0.39		
17	Linalol	0.07		
18	Nonanal	0.22		
19	Methyl octanoate	0.05		
20	Methyl trans-2-octenoate	0.28		
20	(F)- 2-Hentenal	0.25		
21	2-Decanone	0.11		
22	$(7)_{-3}$ -Octen-1-ol	0.01		
23	(E E)-2 4-Nonadienal	0.18		
24	3 Phenyl 1 propanol	0.06		
25	(E) 2 Decempl	0.00		
20	(E) 2 Phonyl 2 proponal	0.07		
27	(E)-3-Filenyi-2-propenal Methyl 3 phenylpropionete	0.03		
20	Anothol	0.02		
29	(E E) 2.4 Undecedienel	0.03		
30	(E,E)-2,4-Ondecadienal	0.44		
22	(E,E)-2,4-Decadienal	0.13		
32	(Z)-4-decellar	0.13		
24	8-Ondecenar	0.04		
24 25	$(\mathbf{F}, \mathbf{Z}) \ge 4$ decodian esta	0.05		
25 26	(E,Z)-2,4-decadienoate	0.03		
30 27	Q-Santalene	1.07		
37	Ethyl cinnamate	0.07		
38	2-Tridecanone	0.04		
39	Pentadecane	0.05		
40	Methyl laurate	0.09		
41	Docosane	0.05		
42	Dihydro-5-octyl-2(3H)-furanone	0.14		
43	Henicosane	0.07		
44	Carveol	0.23		
45	Pentacosane	0.09		
46	Tetradecanal	0.03		
47	Myrtenyl acetate-FEMA 3765	0.10		
48	Tetracosane	0.16		
49	FEMA 2475	0.06		
50	(5α, 9β, 10β)-7-Drimen-11-ol	0.19		
51	Hexadecanoic acid	1.59		
52	Oxacyclohexadecan-2-one	0.12		

TABLE-2		
LIST OF AROMA COMPOUNDS IN T. matsutake		
EXTRACTED BY SHS		

Peak	Chemical name	Relative content (%)
1	2-Pentanone	3.67
2	Pentanal	8.33
3	2-Methylbutanal	1.78
4	(E)-2-Hexenal	1.54
5	Tiglaldehyde	0.10
6	Caproaldehyde	2.39
7	2-Furaldehyde	0.52
8	1-Hexanol	0.21
9	Heptaldehyde	0.12
10	3-(Methylthio-)propionaldehyde	0.20
11	1-Octen-3-ol	37.93
12	3-Octanone	11.30
13	2-Pentylfuran	2.71
14	3-Octanol	10.80
15	Phenylacetaldehyde	2.36
16	(Z)-3-Hexenylphenylacetate.	0.18
17	(E)2-Octenal	0.62
18	1-Octanol	8.25
19	Octyl formate	3.20
20	Pelargonaldehyde	0.26
21	(E)-2-Nonenal	0.16
22	2-Undecanone	0.34
23	Tridecanal	0.07
24	(E,E)-2,4-Decadienal	0.22
25	Methyl cinnamate	0.11
26	Nerolidol	2.36
27	Tetradecyl aldehyde	0.29

TABLE-3 LIST OF AROMA COMPOUNDS IN T. matsutake EXTRACTED BY HS-SPME

Peak	Chemical name	Relative content (%)
1	Caproaldehyde	2.64
2	(E)-2-Heptenal	0.26
3	1-Octen-3-ol	27.51
4	3-Octanone	15.47
5	3-Octanol,	17.50
6	Phenylacetaldehyde	0.17
7	1-Octenal	6.61
8	Nonane-1,3-diolmonoacetate	0.11
9	Linalol	0.11
10	Nonyl aldehyde	1.59
11	(E) -2-nonenal	0.33
12	Neofolione	0.38
13	Capraldehyde	0.15
14	(E,E)-2,4-Nonadienal	0.43
15	(E)-2-Decenal	1.13
16	2-Decanone	0.88
17	(E,E)-2,4-Decadienal	1.79
18	8-Undecenal	0.92
19	Methyl cinnamate	20.42
20	Hexadecane	0.17
21	Dodecyl aldehyde	0.35
22	(E)-limoneneoxide	0.19
23	(E)-Methyl-2-octenoate	0.20
24	Heptadecane	0.18
25	Diethyl phthalate	0.15
26	Octadecane	0.19
27	tetradecyl aldehyde	0.17

Conclusion

The research presented has demonstrated that all the three methods can be applied to analyze the main aromatic compositions in T. matsutake. Simultaneous distillation and extraction-GC-MS is traditional method for aromatic compositions. This method demanded long time sample preparation and large sample quality. Since HS-SPME and simultaneous distillation and extraction are mostly overlapped for the analysis of flavour compounds of T. matsutake, simultaneous distillation and extraction can be replaced by HS-SPME on the basis of appropriate increase of analytical sample. On the other hand, some aromatic compounds of T. matsutake not identified by HS-SPME and simultaneous distillation and extraction can be identified by static headspace. Thus, to better understand the flavour compositions in T. matsutake, we suggested the complementation and combination of static headspace and HS-SPME described in the paper were applied to the analysis of aromatic compounds in T. matsutake.

ACKNOWLEDGEMENTS

This work was supported by Foundation for Training Adult and Young Leaders of Science and Technology of Yunnan Province (2006PY01-10) and Subsidy Programme of Institute of Product Quality Supervision and Inspection (6393-20070026).

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