



Formulation and Evaluation of Rosuvastatin Fast Dissolving Tablets

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Rosuvastatin calcium (RST) is a selective and competitive inhibitor of HMG-CoA reductase, mainly used in the treatment of hypercholesterolemia, hyper triglyceridemia and atherosclerosis. In this work a new attempt was made to enhance the solubility, dissolution rate and oral bioavailability of poorly soluble rosuvastatin by formulating it as solid dispersions using various techniques with polyethylene glycol (PEG) 6000 as a carrier. Fast dissolving tablets of rosuvastatin were prepared with super disintegrants like sodium starch glycolate, croscarmellose sodium, pregelatinized starch and mannitol from the optimized solid dispersions. Tablets were evaluated for physical parameters and drug release by *in vitro* dissolution studies. Surface characteristics, drug-excipient interactions and crystal morphology of optimized solid dispersions were evaluated by SEM analysis, DSC and XRD studies, respectively.

Key Words: Rosuvastatin calcium, PEG 6000, Sodium starch glycolate, Croscarmellose sodium, Pregelatinized starch, Mannitol.

INTRODUCTION

The oral route of drug administration is the most common and preferred method of delivery due to convenience and ease of ingestion. From a patient's perspective, swallowing a dosage form is a comfortable and a familiar means of taking medication^{1,2}. Although the oral route of administration is preferred, for many drugs it can be a problematic and inefficient mode of delivery for a number of reasons. Limited drug absorption resulting in poor bioavailability is paramount amongst the potential problems that can be encountered when delivering an active agent *via* the oral route³⁻⁵.

Drug absorption from the gastrointestinal (GI) tract can be limited by a variety of factors with the most significant contributors being poor aqueous solubility and/or poor membrane permeability of the drug molecule. When delivering an active agent orally, it must first dissolve in gastric and/or intestinal fluids before it can then permeate the membranes of the gastrointestinal tract to reach systemic circulation⁶⁻⁸. Therefore, a drug with poor aqueous solubility will typically exhibit dissolution rate limited absorption and a drug with poor membrane permeability will typically exhibit permeation rate limited absorption^{9,10}. Hence, two areas of pharmaceutical research that focus on improving the oral bioavailability of active agents include: (i) enhancing solubility and dissolution rate of poorly water-soluble drugs and (ii) enhancing permeability of poorly permeable drugs. So, a solid dispersion

technology is used to improve the dissolution characteristics of poorly water-soluble drugs and in turn their oral bioavailability¹¹⁻¹³.

In the present investigation the drug such as rosuvastatin was selected for the enhancement of solubility and bioavailability by improving its dissolution rate by preparing it in solid dispersion form.

Rosuvastatin is a selective and competitive inhibitor of HMG-CoA reductase, the rate limiting enzyme that converts 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) to mevalonate, a precursor of cholesterol. rosuvastatin calcium is a white amorphous powder that is sparingly soluble in water and methanol. rosuvastatin calcium after oral administration is well absorbed from gastrointestinal tract. Peak plasma concentration was reached 3-5 h following oral dosing. It has got elimination half life of 19 h and *ca.* 88 % of rosuvastatin calcium has the tendency to protein binding.

Based on the above physicochemical and biopharmaceutical properties, rosuvastatin was selected for developing solid dispersions formulations for improving its solubility and dissolution rate.

EXPERIMENTAL

Rosuvastatin calcium was a gift sample from Matrix Pharma Ltd., Hyderabad and croscarmellose sodium, sodium starch glycolate, Pregelatinized starch, mannitol were gift samples obtained from M/s. NATCO Pharma Ltd, Hyderabad.

Polyethylene glycol 6000, potassium dihydrogen phosphate, sodium hydroxide, lactose, magnesium stearate (SD Fine Chem, Ltd., Mumbai) and methanol (High-Pure fine Chem., Chennai) was procured from commercial sources. All other materials used were of pharmacopoeial grade.

Saturated solubility studies: 500 mg of rosuvastatin calcium was weighed and transferred into different conical flask. 50 mL of different dissolution media were transferred into individual conical flask and were closed appropriately. All the conical flasks were placed in a REMI incubator shaker. The shaker was allowed to operate at 50 rpm at 37 ± 1 °C for 24 h. Then the conical flasks were removed from the incubator shaker and the samples were filtered by using Whatman filter paper. The clear solution obtained by filtration was suitably diluted with appropriate dissolution media and the absorbance values were noted at 248 nm by using corresponding dissolution media as blank solutions.

Preparation of solid dispersions: Poorly soluble rosuvastatin was incorporated into the polymer polyethylene glycol 6000 by four different techniques such as (1) physical mixing method (2) fusion method (3) solvent evaporation method (4) lyophilization technique.

Physical mixing method: Known quantity of drug and PEG 6000 were weighed separately and passed through sieve No. 80. The materials passed through sieve No. 80 were collected and transferred into a clean and dry glass mortar. Rosuvastatin and PEG 6000 were triturated together for 5 min and again screened through sieve No. 80. The mixture passed through sieve No. 80 is collected and packed in a wide mouthed amber coloured glass container and was hermetically sealed.

Fusion method: Specified quantity of PEG-6000 was taken in a china dish and it was heated at 50 °C on a mantle until molten solution was formed. To the molten solution add specified quantity of drug and triturated vigorously at room temperature. Grind the mass if necessary and screen through sieve No. 100. Then the mixture was collected, packed and was hermetically sealed and was stored at an ambient condition.

Solvent evaporation method: Rosuvastatin was taken in a china dish and was dissolved in few mL of methanol. To the methanolic solution, specified amount of PEG 6000 was added and the mixture was heated at 50 °C on a mantle with continuous stirring until the solvent is evaporated. Then the mixture was collected and packed in an amber coloured glass containers and was hermetically sealed. Then the mixture was stored at ambient conditions.

Lyophilization: Specified quantity of rosuvastatin and PEG-6000 were weighed and added with minimum amount of water. This dispersion was rapidly solidified by freezing in a lyophilizer [II Shin Freeze drier (Shin Lab Co., Ltd)]. The solvent in the dispersion was sublimed under a pressure of 10 M torr and condensed onto a -40 °C condenser. After the solvent was completely removed, the powder residue appeared as a porous, light and pluffy mass. The lyophilized preparations were stored in a dessicator at room temperature. Various compositions of solid dispersions were shown in Table-1.

Characterization and evaluation of solid dispersions: The solid dispersions prepared by various methods were characterized by particle size determination and flow properties

TABLE-1
COMPOSITION OF VARIOUS SOLID
DISPERSIONS OF ROSUVASTATIN

S. No.	Composition	Ratio
Physical mixing method		
1	RST + PEG-6000 (RP1)	1:0.5
2	RST + PEG-6000 (RP 2)	1:1
3	RST + PEG-6000 (RP 3)	1:1.5
4	RST + PEG-6000 (RP 4)	1:2
Solvent evaporation		
5	RST + PEG-6000 (RS 1)	1:0.5
6	RST + PEG-6000 (RS 2)	1:1
7	RST + PEG-6000 (RS 3)	1:1.5
8	RST + PEG-6000 (RS 4)	1:2
Fusion method		
9	RST + PEG-6000 (RF 1)	1:0.5
10	RST + PEG-6000 (RF 2)	1:1
11	RST + PEG-6000 (RF 3)	1:1.5
12	RST + PEG-6000 (RF 4)	1:2
Lyophilization technique		
13	RST + PEG-6000 (RLP)	1:2

Note: 1 part is equivalent to 10 mg.

TABLE-2
FLOW PROPERTIES AND DRUG CONTENT
OF ROSUVASTATIN SOLID DISPERSIONS

S. No.	Solid dispersions	Angle of repose (°)	Carr's index (%)	Particle size (µ)	Drug content (mg)
1	RP 1	25	19	178 ± 5	9.9 ± 0.2
2	RP 2	23	16	175 ± 4	9.8 ± 0.3
3	RP 3	26	14	176 ± 6	11.2 ± 0.3
4	RP 4	28	17	174 ± 5	10.5 ± 0.2
5	RF 1	23	18	176 ± 6	9.8 ± 0.3
6	RF 2	24	16	179 ± 4	9.9 ± 0.2
7	RF 3	21	18	175 ± 5	9.7 ± 0.3
8	RF 4	24	17	173 ± 6	9.8 ± 0.2
9	RS 1	25	19	176 ± 4	9.7 ± 0.3
10	RS 2	22	15	178 ± 5	10.5 ± 0.3
11	RS 3	26	13	176 ± 4	9.7 ± 0.2
12	RS 4	20	12	174 ± 6	9.9 ± 0.2

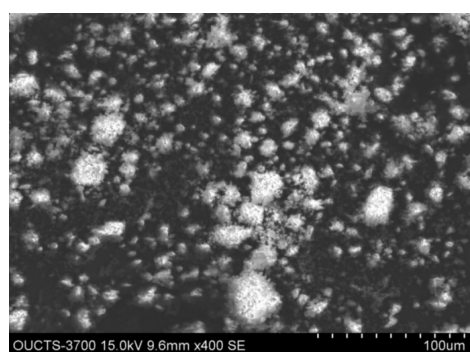
TABLE-3
DISSOLUTION PARAMETERS OF ROSUVASTATIN SOLID
DISPERSIONS

S. No.	Solid dispersions	T ₅₀ (min)	T ₉₀ (min)	DE ₅₀ (%)	First order K (min ⁻¹)	First order R ²
1	PD	>90	>90	17	0.013	0.885
2	RLP	6	45	73.3	0.225	0.991
3	RP1	37	>90	31.8	0.014	0.953
4	RP2	24	>90	36.4	0.016	0.915
5	RP3	16	>90	40	0.017	0.966
6	RP4	13	>90	45.03	0.019	0.975
7	RF1	18	>90	36.6	0.017	0.981
8	RF2	13	>90	41.16	0.021	0.957
9	RF3	11	60	45.3	0.026	0.964
10	RF4	8	56	51.6	0.038	0.989
11	RS1	26	>90	35.3	0.014	0.959
12	RS2	14	>90	43.2	0.015	0.965
13	RS3	12	>90	45	0.025	0.982
14	RS4	11	79	49.6	0.027	0.984

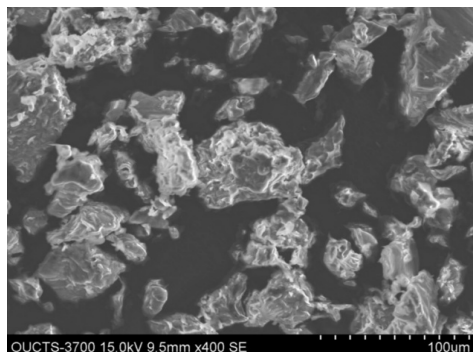
such as angle of repose and Carr's index. Surface characteristics, drug-excipient interactions and crystal morphology of optimized solid dispersions were evaluated by SEM analysis, DSC and XRD studies, respectively.

under similar conditions to avoid batch to batch variations. The dispersions were found to be uniform in their characteristics. All the solid dispersions were in the size range of $173\text{--}179 \pm 5 \mu\text{m}$. The angle of repose and Carr's index values for all the dispersions prepared indicated good and free flowing characteristics (Table-2). The drug content estimated in all the solid dispersions were in the range of $9.7\text{--}11.2 \pm 0.3 \text{ mg}$ (Table-3).

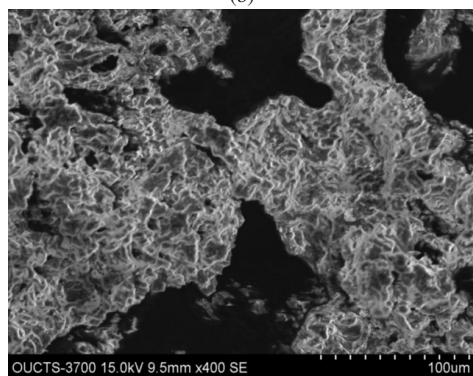
The SEM photographs were taken for RF4, RS4 and RLP and were shown in Fig. 1. The formulation RF4 (Fig. a) in SEM photograph showed that the dispersions are in a micronized state with tiny particulate system. Solid dispersion RS4 (Fig. b) prepared by solvent evaporation method was observed as finely divided almost amorphous form of the dispersion. The formulation RLP (Fig. c) prepared by lyophilization was observed that the dispersions were highly porous, loosely networked, friable and low dense solid form.



(a)



(b)



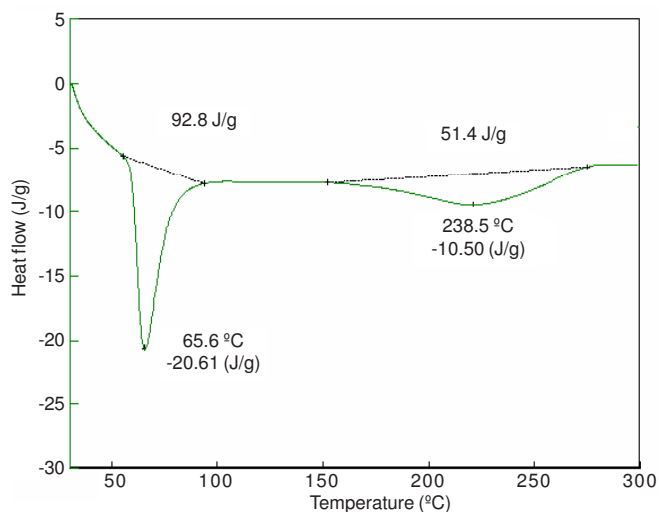
(c)

Fig. 1. Scanning electron microscope photographs of rosuvastatin solid dispersions prepared by various methods. (a) Solid dispersions prepared by fusion method, (b) solid dispersions prepared by solvent evaporation method, (c) solid dispersions prepared by lyophilisation technique

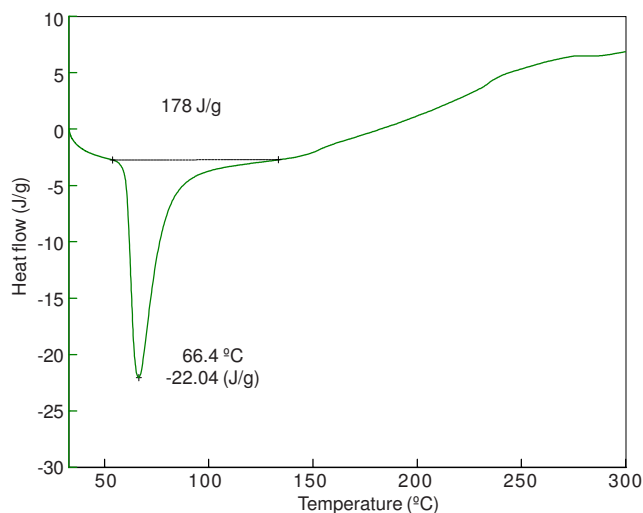
The DSC results (Fig. 2) showed that a broad endothermic peak for rosuvastatin was observed at $223.1 \text{ }^\circ\text{C}$. Sharp endothermic peak for PEG-6000 was observed at $66.4 \text{ }^\circ\text{C}$. Broad endothermic peak for rosuvastatin solid dispersions prepared by solvent evaporation method was observed at $228.1 \text{ }^\circ\text{C}$ (Fig. 2a). Broad endothermic peak for rosuvastatin SDs prepared by fusion method was observed at $223.1 \text{ }^\circ\text{C}$ (Fig. 2b). Sharp endothermic peak for rosuvastatin SDs prepared by lyophilization method was observed at $200.2 \text{ }^\circ\text{C}$ (Fig. 2c). From the spectra it was observed that a little change in melting isotherm of rosuvastatin was observed indicating that there was no major interaction between drug and polymer.

The crystalline nature of rosuvastatin, PEG-6000 and solid dispersions prepared by fusion, solvent evaporation and lyophilization methods were determined by powder XRD and the results are given in Fig. 3. In diffractograms, all diffraction peaks were due to carrier crystals and no diffraction peaks of rosuvastatin calcium in the solid dispersions was observed. This indicates that the amorphous state of rosuvastatin calcium was formed in the solid dispersion system.

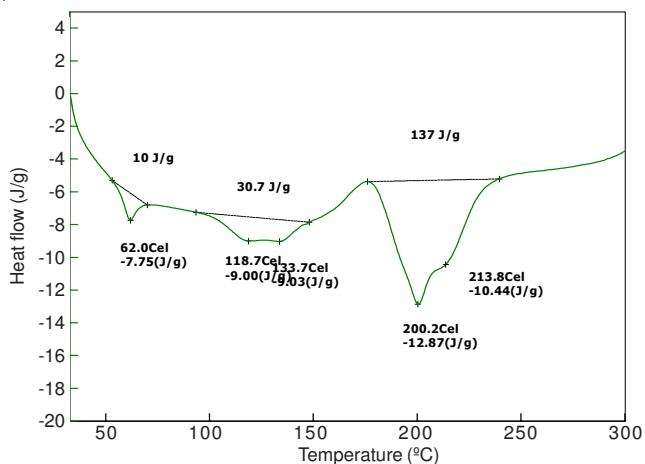
The dissolution studies of rosuvastatin as pure drug and its solid dispersions were performed in 6.8 pH phosphate buffer by using paddle method. The dissolution rate of all the solid



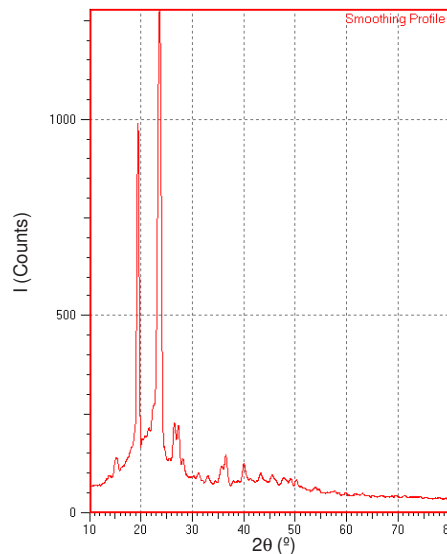
(a) Rosuvastatin solid dispersions prepared by solvent evaporation method



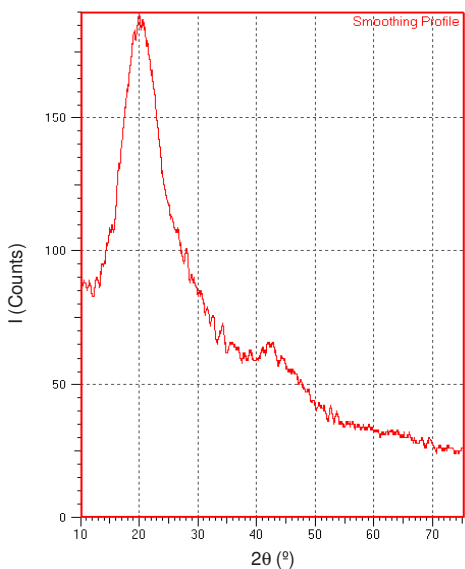
(b) rosuvastatin calcium solid dispersions prepared by fusion method



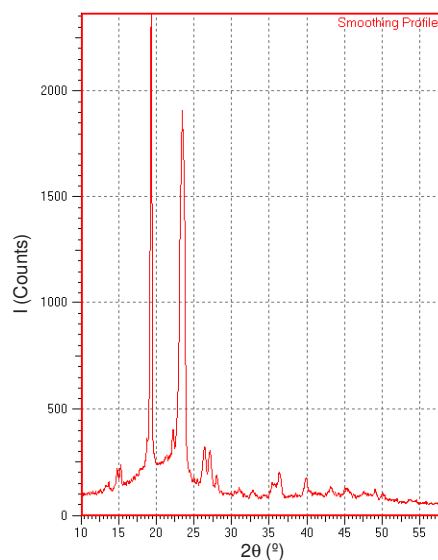
(c) Rosuvastatin solid dispersions prepared by lyophilization technique
 Fig. 2. Differential scanning calorimetry curves for rosuvastatin pure drug, PEG 6000 and solid dispersions prepared by various methods



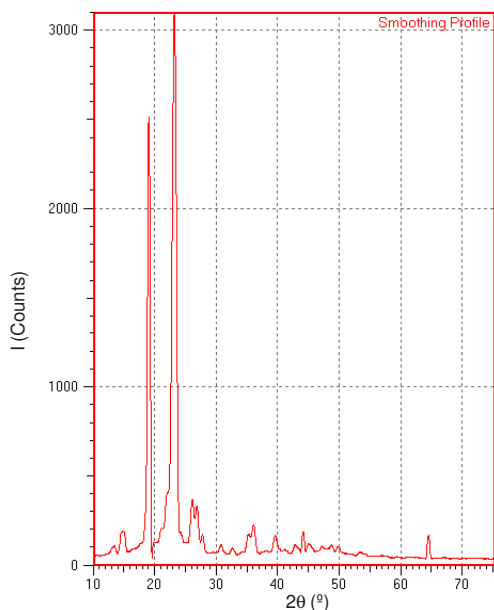
(c) Rosuvastatin solid dispersions prepared by solvent evaporation method



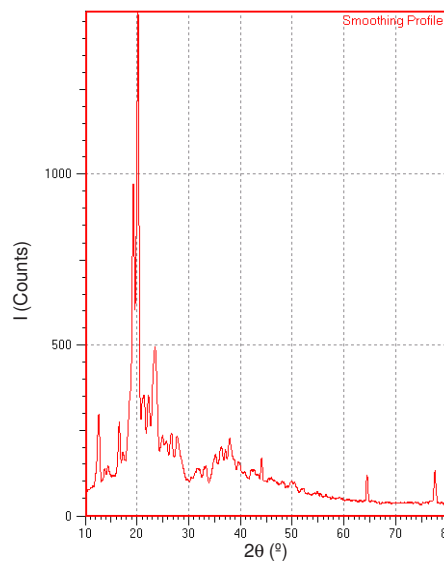
(a) Rosuvastatin calcium



(d) Rosuvastatin solid dispersions prepared by fusion method



(b) PEG-6000



(e) Rosuvastatin solid dispersions prepared by lyophilization technique
 Fig. 3. Powder X-ray diffraction (PXRD) patterns for rosuvastatin pure drug, PEG 6000 and solid dispersions prepared by various methods

dispersions were found to be rapid than compared to its pure drug rosuvastatin. The kinetics of drug release from all the dispersions followed first order. The R^2 values obtained for all the dispersions were linear for the first order plots (Table-3). Formulations RF4 and RS4 prepared by fusion method and solvent evaporation in drug to polymer ratio 1:2 was found to release the drug rapidly than the other solid dispersions prepared by physical mixing. Formulation RLP prepared by lyophilization method in drug to polymer ratio 1:2 was found to release the drug rapidly than the all solid dispersions. It was found that as polymer concentration increases the drug release was increased. The drug released from the formulation RLP was nine times greater than the pure drug which was due to porous and pluffy formation of dispersions by lyophilization.

The solid dispersions were further directly compressed as tablets. All the tablets were compressed under identical conditions to avoid processing variables. The ratio of drug and polymer were maintained constant while the superdisintegrant concentration was varied. The physical parameters such as weight uniformity, hardness, friability, drug content, dispersion time and wetting time were evaluated for prepared tablets as per the standards of official compendium (Tables 6 and 7).

The rate of dissolution of tablet formulations was rapid when compared to the marketed tablet of rosuvastatin. The rate of release from all the tablets followed first order kinetics (Tables 8 and 9). Formulations RFF2 and RSF2 prepared by fusion method and solvent evaporation with 20 % CCS was found to release the drug rapidly than the other tablet formulations. Formulation RLP1 prepared by lyophilization method with 20 % CCS was found to release drug instantly *i.e.*, 90 % of the drug released in less than 5 min was suitable as fast dissolving tablet. The drug release of tablet formulations in the presence of various superdisintegrants were in the order of CCS > SSG > PGS > mannitol.

TABLE-8
DISSOLUTION PARAMETERS OF ROSUVASTATIN TABLET FORMULATIONS

S. No.	Tablets	T ₅₀ (min)	T ₉₀ (min)	DE _{30%}	First order K (min ⁻¹)	First order R ²
1	MF	28	>90	36.2	0.0124	0.945
2	RLP1	2.5	4	83.33	0.097	0.721
3	RFF ₁	11	60	54.1	0.048	0.910
4	RFF ₂	6	28	70	0.126	0.992
5	RFF ₃	12	>90	46.2	0.026	0.973
6	RFF ₄	9	56	55.8	0.046	0.991
7	RFF ₅	28	>90	48.3	0.014	0.996
8	RFF ₆	10	68	51.3	0.047	0.983
9	RFF ₇	46	>90	23.8	0.006	0.965
10	RFF ₈	28	>90	35.4	0.025	0.949

TABLE-9
DISSOLUTION PARAMETERS OF ROSUVASTATIN TABLET FORMULATIONS

S. No.	Tablets	T ₅₀ (min)	T ₉₀ (min)	DE _{30%}	First order K (min ⁻¹)	First order R ²
1	MF	28	>90	36.2	0.012	0.965
2	RSF ₁	9	60	53	0.074	0.922
3	RSF ₂	7	39	68.3	0.050	0.994
4	RSF ₃	13	>90	45.2	0.043	0.980
5	RSF ₄	9	56	62.4	0.035	0.989
6	RSF ₅	14	>90	32.6	0.018	0.991
7	RSF ₆	9	72	44.4	0.033	0.992
8	RSF ₇	57	>90	21.4	0.013	0.964
9	RSF ₈	36	>90	30.5	0.014	0.950

The dissolution profiles of rosuvastatin pure drug and solid dispersions prepared by various techniques are given in Fig. 4, while the dissolution profiles of rosuvastatin marketed formulations and tablet formulations prepared by fusion, solvent evaporation and lyophilization methods are given in Fig. 5. Comparison of dissolution profiles of rosuvastatin tablets prepared from fusion method (RF 4), solvent evaporation

TABLE-6
PHYSICAL PARAMETERS OF ROSUVASTATIN TABLET FORMULATIONS

S. No.	Tablet	Weight uniformity (mg/tablet)	Friability loss (%)	Hardness (kg/cm ²)	Drug content (mg)	Wetting time (s)	Dispersion time (min)
1	RLP1	149 ± 2	0.17	3.0	9.9 ± 0.1	10	1
2	RFF ₁	146 ± 3	0.18	3.5	9.7 ± 0.3	20	2
3	RFF ₂	148 ± 2	0.20	3.5	9.8 ± 0.2	14	2
4	RFF ₃	149 ± 1	0.17	3.0	9.9 ± 0.1	23	3
5	RFF ₄	148 ± 3	0.19	3.0	9.8 ± 0.2	17	2
6	RFF ₅	151 ± 2	0.17	3.5	11 ± 0.2	34	3
7	RFF ₆	147 ± 4	0.20	3.5	9.7 ± 0.3	21	2
8	RFF ₇	148 ± 2	0.16	3.0	9.8 ± 0.2	31	3
9	RFF ₈	147 ± 3	0.20	3.0	9.7 ± 0.3	27	3

TABLE-7
PHYSICAL PARAMETERS OF ROSUVASTATIN TABLET FORMULATIONS

S. No.	Tablet	Weight uniformity (mg/tablet)	Friability loss (%)	Hardness (kg/cm ²)	Drug content (mg)	Wetting time (s)	Dispersion time (min)
1	RSF ₁	147 ± 3	0.14	3.0	9.7 ± 0.3	26	3
2	RSF ₂	151 ± 3	0.20	3.0	11 ± 0.2	18	2
3	RSF ₃	149 ± 1	0.20	3.5	9.9 ± 0.1	34	3
4	RSF ₄	148 ± 2	0.20	3.5	9.8 ± 0.2	16	2
5	RSF ₅	146 ± 4	0.20	3.0	9.7 ± 0.3	28	3
6	RSF ₆	151 ± 2	0.15	3.0	11 ± 0.2	23	2
7	RSF ₇	149 ± 2	0.20	3.5	9.9 ± 0.1	35	3
8	RSF ₈	147 ± 3	0.20	3.5	9.7 ± 0.3	29	3

method (RS 4) using various superdisintegrants are given in Figs. 6 and 7, respectively.

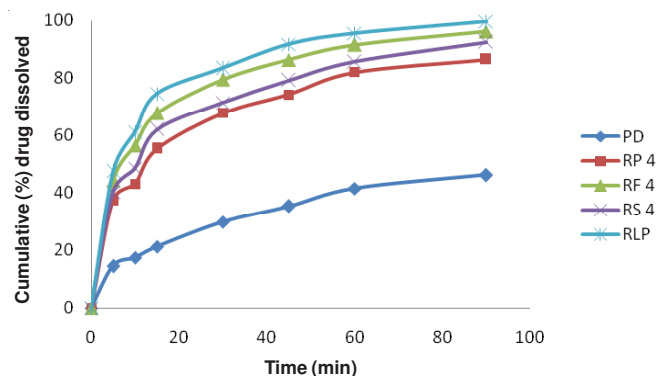


Fig.4. Dissolution profile of rosuvastatin pure drug and solid dispersions prepared by various techniques

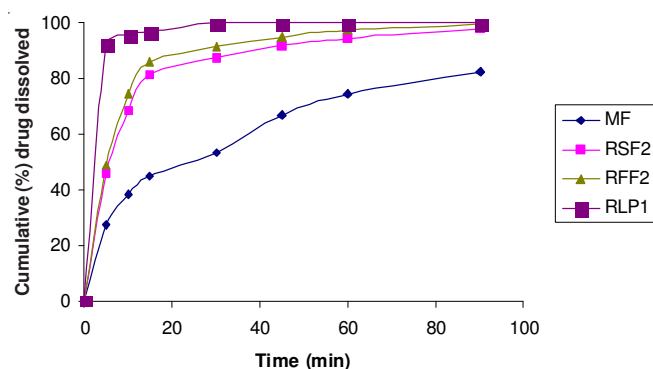


Fig. 5. Dissolution profiles of rosuvastatin fast dissolving tablets

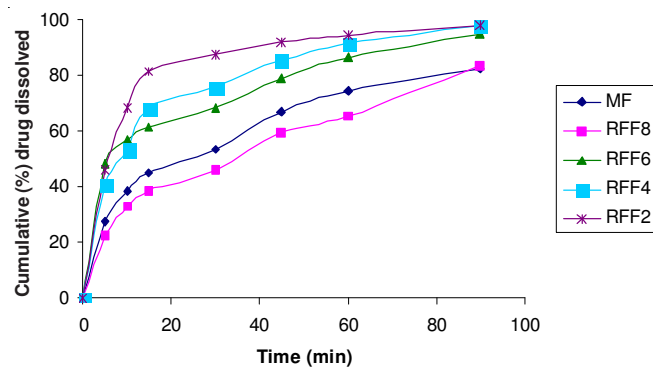


Fig. 6. Dissolution profiles of rosuvastatin fast dissolving tablets

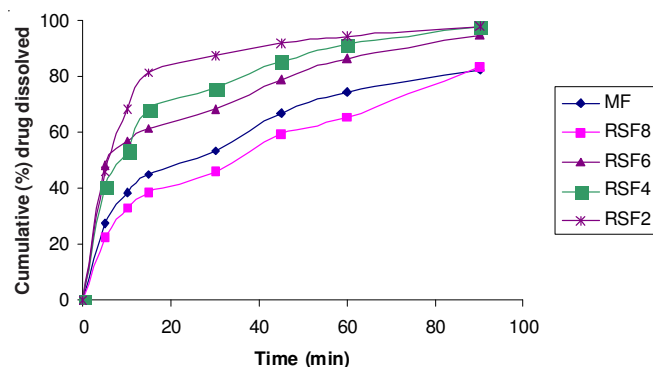


Fig. 7. Dissolution profiles of rosuvastatin fast dissolving tablets

Conclusion

The present study has shown that it is possible to increase the dissolution rate of poorly water soluble drug rosuvastatin by preparing solid dispersions with superdisintegrants like croscarmellose sodium, sodium starch glycolate, pregelatinized starch and mannitol. The solid dispersions exhibit faster dissolution characteristics as compared to plain drug. This was due to solubilizing effect of the carrier or crystallization of drug entrapped in molecular state by the carrier. Solid dispersions in the drug to polymer ratio 1:2 prepared by lyophilization (RLP) released the drug rapidly than the pure drug and other dispersions. Based on the study it may be concluded that rosuvastatin tablets (RFF2, RSF2 and RLP1) prepared with 20 % croscarmellose sodium as superdisintegrant showed rapid drug release when compared to marketed and other tablet formulations. The drug release of tablet formulations in the presence of various superdisintegrants were in the order of CCS > SSG > PGS > mannitol.

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