

Micro-Review

Phytochemical and Pharmacological Investigations of Genus *Cassia*: A Review

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Genus *Cassia*, a tropical genus, belongs to Leguminosae family and Caesalpiniaceae subfamily. It is well known to physicians from very old days. It has more than 600 species as herbs, shrubs and trees. About 26 species of genus *Cassia* have been reported to contain anthracene derivatives. The more important species among them are *Cassia alata*, *Cassia angustifolia* vahl, *Cassia autifolia*, *Cassia cinnamon*, *Cassia fistula*, *Cassia nodosa*, *Cassia obtusifolia*, *Cassia sophera*, *Cassia tora* and *Cassia zeylanicum*. Diuretic, antidiabetic, antibiotic, antifungal, antipyretic, anthelmintic, antibacterial, antirheumatic, anti-eczema, antiherpetic, antiasthmatic, anti-leprosy, anti-typoid and anti-bronchitis activities have been reported from some of these species.

Phytochemical Investigation

The genus *Cassia* is found to contain a wide variety of constituents mentioned in Table-1.

TABLE-1
PHYTOCHEMICAL INVESTIGATION OF GENUS CASSIA

Name of species and parts investigated	Name of constituent	Ref.
1. <i>Cassia alata</i>		
(a) Leaves	(i) Aloë-emodin (ii) β -Sitosterol (iii) Kaempferol (iv) 1,8-Dihydroxy anthraquinone-3-carboxylic acid (v) Chrysophanol (vi) Cassia xanthone (vii) Anthraquinone glycosides (viii) Physcion-1-glycoside (ix) 2-Méthyl anthraquinone (x) Protocatechuic acid	1
(b) Seeds	(i) Chrysophanol (ii) β -Sitosterol (iii) Fatty acids (iv) Polyalcohols	2, 6
(c) Roots	(i) 1,3,8-Trihydroxy-2-methyl anthraquinone (ii) 1,5-dihydroxy-8-methoxy-2-methyl and authraquinone-3- α - β -D(+)-glucopyranosides	3

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Name of species and parts investigated	Name of constituent	Ref.
(d) Whole plant	(i) Sesquiterpenes (ii) Phenolic compounds	
2. <i>Cassia angustifolia</i>		
(a) Leaves	(i) Glucosides (ii) Kampferol (iii) Anthraquinone (iv) Essential oil (v) Isorhamnetin (vi) Calcium oxalate (vii) Flavanols (viii) Rhein (ix) Emodin	
(b) Seeds	(i) β -Sitosterol	5
(c) Fruits	(i) Sennoside-A (ii) Sennoside-B (iii) Glycosides of rhein (iv) Chrysophanic acid (v) Emodin glycoside (vi) Oxymethyl anthraquinone	6 24
3. <i>Cassia auriculata</i>		
(a) Whole plant	(i) Sennoside A and B (ii) 3-Hydroxy methyl 1,8-dihydroxyanthraquinone (iii) Isorhamnetin (iv) Palmidin-A (v) Dianthrone (vi) Diglycoside (vii) Rhein anthrone-8-glycoside (viii) Rhein-8-diglycoside-6-hydroxy musizin glucoside, tinnevellin, isorhamnetin, calcium oxalate	24
4. <i>Cassia cinnamon</i>		
(a) Stem bark	(i) Volatile oil (ii) Starch (iii) Calcium oxalate (iv) Tannins (v) Cinnamic aldehyde (vi) Eugenol (vii) Coumarin (viii) Caryophyllene (ix) Methyl-O-cumin aldehyde (x) Cinnamyl acetate (xi) Pinene	24 25
5. <i>Cassia fistula</i>		
(a) Leaves	(i) Fistulic acid (ii) Anthraquinone	25
(b) Root, Bark	(i) Fistucacidin (ii) Flavanoids (iii) Phlobaphenes	24
(c) Flowers	(i) Fistulin (ii) Triterpene	
(d) Heart wood	(i) (-)-Epialzechin leucopelargonidin trimer	

Name of species and parts investigated	Name of constituent	Ref.
6. <i>Cassia nodosa</i>		
(a) Root, bark	(i) 1,8-Dihydroxy-6,7-dimethoxy 2-methyl anthraquinone	7
7. <i>Cassia obtusifolia</i>		
(a) Leaves	(i) Stigmasterol (ii) β -Sitosterol (iii) β -D-glucoside (iv) Triacontan-1-ol (v) Palmitic acid (vi) Stearic acid (vii) Succinic acid (viii) d-Tartaric acid (ix) Uridine (x) Myo-inositol (xi) d-Ononitol (xii) Friedelin (xiii) Kaempferol (xiv) Jugtanin (xv) Astragalin (xvi) Quercitrin (xvii) Quercitrin ISO	8
(b) Seeds	(i) Chrysophanol (ii) Physcion (iii) Obtusifolin (iv) 1,6,7-Trimethoxy-2,8-dihydroxy-3-methyl anthraquinone (v) 1,6,7,8-Tetramethoxy-2-hydroxy-3-methyl anthraquinone (vi) 1,7-Dimethoxy-2,6,8-trihydroxy-3-methyl anthraquinone (vii) Gluco-obtusifolia (viii) Gluco-aurantioobtusin	9
	(ix) Cassiaside-glucoside (Norrubrofusarin-6- β -mono-d-glucoside)	11
	(x) Amino acids	12, 13
	(xi) Torosachryson	14
	(xii) Isotoralactone	15
	(xiii) Cassialactone	
	(xiv) D-(+)-ononitol (I)	
	(xv) Galactosyl anonitol (II)	
	(xvi) 1-Desmethyl chrysobutusin (I)	
	(xvii) 1-Desmethyl obtusin(II)	
	(xviii) 1-Desmethyl aurantioobtusin (III)	
	(xix) Chrysophanol-10,10-boanthrone	
	(xx) Questin	16
	(xxi) Benzoic acid	
	(xxii) Alaternin	
	(xxiii) 1-O- β -D glucopyranoside	
	(xxiv) Chryso-obtusin 2-O- β -glucopyranoside	
	(xxv) Physcion-8-O- β -D-glucopyranoside	17

Name of species and parts investigated	Name of constituent	Ref.
(c) Roots	(i) Anthraquinones: islandicin, physcion, helminthosporin, chrysophanol, xanthorin, 8-O-methyl chrysophanol, obtusifolin, emodin, aloe-emdin (ii) Naphtho-β-pyrone-rubrofusarin (iii) Benzoquinone 2,5-dimethoxy benzoquinone (iv) Phytosterols (v) Betulinic acid	18
8. <i>Cassia sophera</i>		
(a) Whole plant	(i) Emodin (ii) Chrysophanic acid	
9. <i>Cassia tora</i>		
(a) Leaves	(i) Flavonoids (ii) Triterpenes	
(b) Seeds	(i) Emodin (ii) Rubrofusarin (iii) 1,8-dihydroxy anthraquinone (iv) Xanthone derivatives (v) Physcion (vi) Chrysophanol (vii) Torachrysone (viii) Tora lactone (ix) Obtusifolin (i) Engenol (ii) Cinnamic aldehyde (iii) Flavan-3-ol-glucoside (iv) (-) Epicatechin 3-O-8-C and C-β-D glycopyranoside (v) Oligomeric pyranidins	24
10. <i>Cassia zeylanicum</i>		

Pharmacological Investigations

Cassia alata is effective against ringworm, skin diseases, asthma, cough, bronchitis and acts as antibacterial, fungicide, antibiotic and diuretic¹⁹.

Cassia augustifolia is effective against catharsis, diabetes, typhoid, leprosy, tumors and acts as antibacterial and purgative²⁰.

Cassia acutifolia acts as laxative and stimulates muscular coat of the intestine and produces purgation.

Cassia cinnamon bark is used as carminative, stomachic, mild astringent and antiseptic²¹.

Cassia fistula is used against skin diseases, syphilis, tuberculosis, blood poisoning and acts as antirheumatic, antipyretic and astringent.

Cassia nodosa acts as antibacterial antibiotic, antifungal, antipyretic and analgesic⁷.

Cassia obtusifolia leaves are effective against asthma, piles, ringworm, skin diseases, headache and acts as anthelmintic, antipyretic, diuretic, laxative and antifungal²².

Cassia tora is effective against skin diseases, leprosy, poriasis, ringworm, plaque, sorts or eye diseases, liver complaints and acts as anthelmintic, laxative and antiinflammatory²⁴.

Cassia zeylanicum is used as antiulcerogenic and antiallergic²⁴.

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