

# Factorial Study on the Effects of $\beta$ -Cyclodextrin and Surfactants on the Solubility and Dissolution Rate of Carbamazepine

K.P.R. CHOWDARY<sup>\*</sup> and K. SRINIVASA REDDY

University College of Pharmaceutical Sciences, Andhra University, Visakhapatnam-530 003, India

\*Corresponding author: E-mail: profkprc@rediffmail.com

(Received: 15 November 2009;

Accepted: 28 October 2010)

AJC-9215

Carbamazepine, a widely used anticonvulsant drug belongs to class II under BCS and exhibit low and variable oral bioavailability due to its poor aqueous solubility. In the present study the individual main effects and combined (or interaction) effects of  $\beta$ -cyclodextrin ( $\beta$ CD) and two surfactants (Tween 80 and sodium lauryl sulphate) on the solubility and dissolution rate of carbamazepine were evaluated in a series of 2<sup>2</sup> factorial experiments. The individual main effects of  $\beta$ CD, Tween 80 and sodium lauryl sulphate (SLS) and combined effect of  $\beta$ CD and SLS in enhancing the solubility of carbamazepine were significant (p < 0.05). The solubility of carbamazepine was markedly enhanced by  $\beta$ CD (2.06 folds), Tween 80 (2.72 folds) and SLS (31.76 folds). Combination of  $\beta$ CD and SLS gave a 48.53 fold increase in the solubility of carbamazepine- $\beta$ CD-surfactant binary and ternary systems were prepared by kneading method and were evaluated for dissolution rate and dissolution efficiency (DE<sub>30</sub>) as per a 2<sup>2</sup> factorial design. The dissolution of carbamazepine was rapid and higher from the binary and ternary systems prepared employing  $\beta$ CD and surfactants when compared to carbamazepine pure drug.  $\beta$ -Cyclodextrin alone gave higher enhancement in K<sub>1</sub> (2.349 folds) and DE<sub>30</sub> (4.247 folds) of carbamazepine. The individual main effects of  $\beta$ CD and SLS and the combined effect of  $\beta$ CD and SLS in enhancing the K<sub>1</sub> of carbamazepine were significant (p < 0.05).

Key Words: Carbamazepine, Solubility, Dissolution rate, Factorial Study, β-Cyclodextrin, Surfactants.

#### **INTRODUCTION**

Carbamazepine is a widely used anticonvulsant drug belonging to the chemical class of iminostillbenes. It is used in doses of 100, 200 and 400 mg, 2 or 3 times a day. Carbamazepine belongs to class II under BCS and exhibit low and variable oral bioavailability due to its poor aqueous solubility. Its oral absorption is dissolution rate limited and it requires enhancement in solubility and dissolution rate for increasing its oral bioavailability.

Among the various approaches complexation with cyclodextrins has gained good acceptance in recent years in industry for enhancing the solubility and dissolution rate of poorly soluble drugs. Cyclodextrins (CDs) are cyclic torus shaped molecules with a hydrophilic outer surface and a lipophilic central cavity which can accommodate a variety of lipophilic drugs. As a consequence of inclusion process many physico-chemical properties such as solubility, dissolution rate, stability and bioavailability can be favourably affected<sup>1,2</sup>. Cyclodextrins have been receiving increasing application in pharmaceutical formulation in recent years due to their approval by various regulatory agencies<sup>3,4</sup>. Surfactants also increase the solubility of lipophilic water insoluble drugs by micellar solubilization. Though cyclodextrin complexation and

use of surfactants for enhancing the solubility and dissolution rate of poorly soluble drugs have been investigated individually, no reports are available on their combined use in enhancing the solubility and dissolution rate. In the present study the individual main effects and combined (or interaction) effects of  $\beta$ -cyclodextrin ( $\beta$ CD) and two surfactants (Tween 80 and sodium lauryl sulphate) on the solubility and dissolution rate of carbamazepine were evaluated in a 2<sup>2</sup> factorial study.

## **EXPERIMENTAL**

Carbamazepine was a gift sample from M/s Ranbaxy Research Laboratories, Gurgaon.  $\beta$ -Cyclodextrin was a gift sample from M/s Cerestar Inc., USA. Tween 80 (BDH) and sodium lauryl sulphate (SD Fine Chemie) were procured from commercial sources. All other materials used were of pharmacopoeial grade.

**Estimation of carbamazepine:** An UV spectrophotometric method based on the measurement of absorbance at 288 nm in purified water was used for the estimation of the carbamazepine. The method obeyed Beer-Lambert's law in the concentration range of 1-10  $\mu$ m/mL. When the standard drug solution was assayed repeatedly (n = 6), the relative error (accuracy) and coefficient of variation (precision) were found

to be 0.80 and 1.6 %, respectively. No interference from excipients used was observed.

**Determination of solubility:** The solubility of carbamazepine in the following four selected fluids as per 22 factorial study was determined to evaluate the individual and combined effects of the  $\beta$ CD and surfactants on the solubility of carbabamazepine. The two levels of  $\beta$ CD (factor A) are 0 and 5 mM. The two levels of surfactants (factor B) are 0 and 2 %. Accordingly the four selected fluids as per 2<sup>2</sup>-factorial study are purified water (1), water containing  $\beta$ CD (5 mM) (a), water containing 2 % surfactant (Tween 80 or 2 % SLS) (b) and water containing 5 mM of  $\beta$ CD and 2 % surfactant (Tween 80 or SLS) (ab).

Excess drug was added to 15 mL of the selected fluid taken in a 25 mL stoppered conical flask and the mixtures were shaken for 72 h at room temperature (28 °C) on a rotary flask shaker. After 72 h of shaking to achieve equilibrium, 2 mL of aliquots were withdrawn and filtered immediately using 0.45  $\mu$  disc filter. The filtered samples were diluted suitably and assayed for carbamazepine at 288 nm. In each case the solubility determinations were replicate 4 times (n = 4).

**Preparation of drug-CD-surfactant systems:** To evaluate the individual and combined effects of  $\beta$ CD and surfactants on the dissolution rate of carbamazepine, drug-CD-surfactant systems were prepared employing the following selected combinations of  $\beta$ CD and surfactants as per 2<sup>2</sup> factorial design. The two levels of  $\beta$ CD (factor A) are 0 and 1:2 ratio of drug:  $\beta$ CD, respectively. The two levels of surfactant (factor B) are 0 and 5 %. The selected treatments as per 2<sup>2</sup> factorial design are carbamazepine pure drug (1), carbamazepine - CD (1:2) binary system (a), carbamazepine - surfactant (5 %) binary system (b) and carbamazepine-CD-surfactant ternary system (ab). The binary and ternary systems were prepared by kneading method.

Required quantities of drug,  $\beta$ CD and surfactant were taken in a clean and dry mortar. Kneading fluid consisting of water:alcohol (1:1) was added and mixed to get a thick slurry. The slurry was thoroughly mixed and kneaded for 45 min. Additional quantities of kneading fluid were added to maintain the mixture as thick slurry during the kneading process. After kneading for 45 min the mixture was transferred to a petridish and dried in an oven at 60 °C. The dried powder was passed through mesh No. 100.

**Dissolution rate study:** Carbamazepine dissolution from drug-CD-surfactant complex systems was studied using eight station dissolution rate test apparatus (Lab India, Disso 2000) employing a paddle stirrer at 50 rpm and at  $37 \pm 0.5$  °C. Purified water (900 mL) was used as dissolution fluid. Samples of 5 mL of each were withdrawn at different time intervals over a period of 1 h. Each sample withdrawn was replaced with an equal amount of fresh dissolution medium. Samples were suitably diluted and assayed at 288 nm for carbamazepine using an Elico BL 198 double beam UV-spectrophotometer. All dissolution experiments were repeated four times each (n = 4).

## **RESULTS AND DISCUSSION**

The individual main and combined (interaction) effects of  $\beta$ CD and surfactants (Tween 80 and SLS) on the solubility

of carbamazepine were evaluated in a series of  $2^2$  factorial experiments.

Solubility studies with  $\beta$ CD and surfactants: The results of solubility studies with  $\beta$ CD and surfactants are given in Table-1. The solubility of carbamazepine was markedly enhanced by  $\beta$ CD and surfactants. A 2.06, 2.72 and 31.76 fold increase in the solubility of carbamazepine was observed, respectively with  $\beta$ CD (5 mM) and Tween 80 (2 %) and SLS (2 %). Combination of  $\beta$ CD (5 mM) and Tween 80 (2 %) has given a 4.09 fold increase in the solubility of carbamazepine. Where as the combination of  $\beta$ CD (5 mM) and SLS (2 %) has given a 48.53 fold increase in the solubility of carbamazepine. The solubility data were subjected to analysis of variance (ANOVA) to find out the significance of individual main and combined effects of  $\beta$ CD and the surfactants on the solubility of carbamazepine. The results of ANOVA are given in Tables 2 and 3.

TABLE-1 SOLUBILITY OF CARBAMAZEPINE IN VARIOUS FLUIDS (n = 4)						
Fluid Solubility Increase in sol (mg/100 mL) (No. of fol						
Purified water	$12.08 \pm 2.85$	-				
Water containing $\beta$ CD (5 mM)	24.95 ± 5.37	2.06				
Water containing Tween 80 (2 %)	32.91 ± 3.49	2.72				
Water containing $\beta$ CD (5 mM) and Tween 80 (2 %)	$49.45 \pm 6.00$	4.09				
Water containing SLS (2 %)	383.74 ± 44.73	31.76				
Water containing βCD (5 mM) and SLS (2 %)	586.24 ± 136.61	48.53				

TABLE-2							
ANOVA OF SOLUBILITY DATA WITH βCD AND TWEEN 80							
Source of variation	d.f.	SS	MSS	F-Ratio	Significance		
Total	15	2371.87	158.224	-	-		
Treatment	3	2084.55	694.85	29.02	(p < 0.01)		
a(BCD)	1	605.03	605.03	25.27	(p < 0.01)		
b(SLS)	1	1407.56	1407.56	58.79	(p < 0.01)		
ab(Combination)	1	71.95	71.95	3.00	(p > 0.05)		
Error	12	287.31	23.94	-	-		

TABLE-3					
ANOVA OF SOLUBILITY DATA WITH βCD AND SLS					

Source of variation	d.f.	SS	MSS	F-Ratio	Significance
Total	15	1015944.70	67729.64	-	-
Treatment	3	954082.98	318027.66	61.69	(p < 0.01)
a(βCD)	1	45849.51	45849.51	8.89	(p < 0.01)
b(SLS)	1	872748.32	872748.32	169.29	(p < 0.01)
ab(Combination)	1	35485.14	35485.14	6.88	(p < 0.01)
Error	12	61861.72	5155.14	-	-

ANOVA indicated that the individual main effects of  $\beta$ CD, Tween 80 and SLS and the combined (or interaction) effect of  $\beta$ CD and SLS were highly significant (p < 0.01), whereas the combined (or interaction) effect of  $\beta$ CD and Tween 80 on the solubility of carbamazepine was not significant (p > 0.05). A combination of  $\beta$ CD and SLS has resulted in a much higher enhancement in the solubility of carbamazepine than is possible with them individually. This may be due to better inclusion of drug molecules in the presence of SLS.

**Dissolution rate studies on drug-CD-surfactant systems:** All the drug-CD-surfactant binary and ternary systems prepared were found to be fine and free flowing powders. Low coefficient of variation (c.v.) values (< 1 %) in the per cent drug content indicated uniformity of drug content in each case. The dissolution rate of carbamazepine alone and from drug-CDsurfactant systems was studied in purified water. The dissolution of carbamazepine from all binary and ternary systems prepared followed first order kinetics with r (correlation coefficient) above 0.91. Dissolution efficiency (DE<sub>30</sub>) values were calculated as suggested by Khan<sup>5</sup>. The dissolution parameters are given in Table-4.

TABLE-4 DISSOLUTION PARAMETERS OF CARBAMAZEPINE-BCD-TWEEN 80 COMPLEX SYSTEMS

Product -	Dissolution parameters $(\overline{x} \pm sd)$					
Tioduct	DE30	$K_1 (min^{-1})$				
Carbamazepine	$10.9 \pm 1.2$	$0.0109 \pm 0.0009$				
Carbamazepine βCD (1:2) binary system	$46.3 \pm 3.7$	$0.0256 \pm 0.0095$				
Carbamazepine-Tween 80 (5 %)	$29.8 \pm 2.6$	$0.0114 \pm 0.0006$				
Carbamazepine βCD (1:2)- Tween 80 (5 %) ternary system	$37.9 \pm 1.1$	$0.0232 \pm 0.0034$				
Carbamazepine-SLS (5 %)	$25.6 \pm 3.5$	$0.0181 \pm 0.0020$				
Carbamazepine βCD (1:2)-SLS (5 %) ternary system	$31.9 \pm 3.7$	$0.0195 \pm 0.0030$				

The dissolution parameters indicated rapid and higher dissolution of carbamazepine from carbamazepine- $\beta$ CD complexes with and without surfactant when compared to carbamazepine as such. Both K<sub>1</sub> and DE<sub>30</sub> were markedly higher in the case of binary and ternary systems.  $\beta$ CD alone gave higher enhancement in K<sub>1</sub> and DE<sub>30</sub> of carbamazepine.

The dissolution rate  $K_1$  was subjected to ANOVA to find out the significance of the main and combined effects of  $\beta$ CD and surfactants on the dissolution rate of carbamazepine. The results of ANOVA are shown in Tables 5 and 6.

ANOVA indicated that the individual main effects of  $\beta$ CD and SLS and combined effects of  $\beta$ CD-SLS in enhancing the dissolution rate were significant (p < 0.05). Whereas the individual main effect of Tween 80 and combined effect of  $\beta$ CD-Tween 80 were not significant (p > 0.05).

TABLE-5	
ANOVA OF $K_1 \times 10^3$ (min <sup>-1</sup> ) VALUES	
OF βCD- TWEEN 80 SYSTEMS	

Source of variation	d.f.	SS	MSS	F-ratio	Significance
Total	15	996.68	66.44	-	-
Treatment	3	682.84	227.61	8.70	(p < 0.05)
a(βCD)	1	674.18	674.18	25.78	(p < 0.01)
b(Tween-80)	1	2.002	2.002	0.0765	(p > 0.05)
ab(Combination)	1	6.656	6.656	0.2545	(p > 0.05)
Error	12	313.84	26.15	-	_

TABLE-6 ANOVA OF $K_1 \times 10^3$ (min <sup>-1</sup> ) VALUES OF $\beta$ CD-SLS SYSTEMS						
Source of variation d.f. SS MSS F- Ratio Significance						
Total	15	1130.07	75.338	-	-	
Treatment	3	811.49	270.49	10.19	(p < 0.01)	
a(βCD)	1	137.35	137.35	5.175	(p < 0.05)	
b(SLS)	1	391.05	391.05	14.73	(p < 0.01)	
ab(Combination)	1	283.08	283.08	10.66	(p < 0.01)	
Error	12	318.575	26.54	_	_	

### Conclusion

The individual main effects of  $\beta$ -cyclodextrin ( $\beta$ CD), Tween 80 and sodium lauryl sulphate (SLS) and combined effect of  $\beta$ CD and SLS in enhancing the solubility of carbamazepine were significant (p < 0.05). The solubility of carbamazepine was markedly enhanced by  $\beta$ CD (2.06 folds), Tween 80 (2.72 folds) and SLS (31.76 folds). Combination of  $\beta$ CD and SLS gave a 48.53 fold increase in the solubility of carbamazepine. The dissolution of carbamazepine was rapid and higher from the binary and ternary systems prepared employing  $\beta$ CD and surfactants when compared to carbamazepine pure drug.  $\beta$ -Cyclodextrin alone gave higher enhancement in K<sub>1</sub> (2.349 folds) and DE<sub>30</sub> (4.247 folds) of carbamazepine. The individual main effects of  $\beta$ CD and SLS and the combined effect of  $\beta$ CD and SLS in enhancing the K<sub>1</sub> of carbamazepine were significant (p < 0.05).

#### REFERENCES

- 1. K.H. Fromming and J. Szejtli, Cyclodextrins in Pharmacy, Kluwer Academic Publications, Dordrecghi, p. 20 (1994).
- D. Duchne and D. Woussidjewe, in ed.: S. Dumitriu, Polysaccharides in Medical Applications, Marcel Dekker, New York, p. 575 (1996).
- 3. D.O. Thompson, Crit. Rev. Ther. Drug Carrier Syst., 14, 1 (1997).
- 4. A.R. Hedges, Chem. Rev., 98, 2035 (1998).
- 5. K.A. Khan, J. Pharm. Pharmacol., 27, 48 (1975).