

Relationship of Plant Proteins and Amino Acids within Taxonomic Categories in Qatari Range Plants

HALA S. AL-EASA

*Chemistry Department, College of Science
Qatar University, PO Box 2713, Doha-Qatar*

Proteins and amino acids of sixty-eight range plants growing wild in Qatar belonging to fifty-six genera and twenty-three families are studied to evaluate their nutritive values. Variation of amino acid pattern is extensively consistent with taxonomic groupings. The proteins content varied from 2.5 to 23.9%.

Key Words: Proteins, Amino acids, Taxonomic categories, Qatari plants.

INTRODUCTION

As has been observed, certain amino acids are as a rule deficient in some proteins. In recent years and with the greater knowledge of both the values of the amino acids and “The Know How” technology of fortification, diets are supplemented by the addition of amino acids. The reasons are many but they focus on diet improvement, taste and general acceptance. It is estimated that 32,000 t/annum of L-lysine are utilized as a feed ingredient and 180,000 t/annum of D,L-methionine are produced and traded annually as synthetic.

Lysine is deficient in plant and cereal proteins, methionine is deficient in bovine, milk and meat proteins and threonine is deficient in wheat and rye proteins. Fortification by the addition of amino acids could improve bitter taste to a sweet taste as in the case of tryptophan fortification.

Equally, the plastein reaction has been utilized to improve the biological value of a protein by enabling peptide fragments of a hydrolysate to join enzymatically through peptide bonds to together form polypeptides. Further, in recent years genetic engineering played an important role in the improvement of various crops by the incorporation or by enhancing the content of essential amino acids, *e.g.*, high lysine barley, corn, etc.

Amino acids and proteins are essential building blocks for protein biosynthesis. There are 20 known amino acids in protein hydrolysate, though about 300 amino acids occur in nature¹. These amino acids, whether polar or non-polar, charged vs. uncharged side chain, play an important role in the general health and well being of the living organism, whether they are plants or animals.

Quantitative and qualitative enumeration of the amino acid content of plants is an excellent means of assessing their nutritive values. Several studies have been reported on the proteins and amino acids composition of range plants². So far only 2 plant species growing in Qatar viz. *Glossonema edule* and *Schanginya aegyptia* were analyzed for their amino acid composition^{3, 4}.

Recently, the proximate composition of 34 species growing in Qatar has been reported⁵. The present study deals with the amino acid composition of fifty-six species for their nutritional value and their potential utilization.

Sixty-eight species belonging to 56 genera and 25 families have been studied. These include Gramineae (14 genera, 17 species), Compositae (5 genera, 6 species), Fabaceae (5 genera, 5 species), Chenopodiaceae (9 genera, 10 species) and Convolvulaceae (2 genera, 5 species) (Table-1).

As can be seen certain families have a comparatively high species representation, whereas others are represented by only a single species in the flora of Qatar.

TABLE-1
FAMILIES OF FLOWERING PLANTS, WHICH POSSESSES
COMPARATIVELY HIGH SPECIES REPRESENTATION IN QATAR

| Family | Samples | Genera | Species |
|----------------|---------|--------|---------|
| Chenopodiaceae | 13 | 9 | 10 |
| Compositae | 6 | 5 | 6 |
| Convolvulaceae | 7 | 2 | 5 |
| Fabaceae | 7 | 5 | 5 |
| Gramineae | 27 | 14 | 17 |

EXPERIMENTAL

Ninety-two samples (wild and agricultural weeds, known as range or fodder plants) were collected at their observed best time of growth from various locations in Qatar (Table-2). These were air dried under shade, ground and analyzed. For the amino acids content the OJEC method⁶ was used to determine amino acids except tyrosine by using Beckman-System 7300-high performance analyzer. For proteins, AOAC official method of analysis was performed⁷, using KJCL Auto Analyzer Tecator 0100. The values obtained are calculated as percentages of the total weight (Table-3). These data were further analyzed to indicate taxonomic relationships.

TABLE-2
LIST OF STUDIED PLANTS AND THEIR LOCATIONS

| Class | Species | Location |
|----------------------|--|-------------------|
| I. Aizoaceae | 1. <i>Aizoon canariense</i> | Um Solal Mohammad |
| II. Amaranthaceae | 2. <i>Aerva javanica</i> | Doha |
| III. Asclepiadaceae | 3. <i>Leptadenia pyrotechnica</i> | Emirates Road |
| IV. Avicenniaceae | 4. <i>Avicennia marina</i> | Thuailib |
| | 5. <i>Avicennia marina</i> | Al-Markhya |
| V. Capparidaceae | 6. <i>Capparis spinosa</i> | 40 Km North Doha |
| VI. Chenopodiaceae | 7. <i>Anabasis setifera</i> | Thuailib |
| | 8. <i>Arthrocnemum glaucum</i> | Thuailib |
| | 9. <i>Atriplex leucoclada</i> | Thuailib |
| | 10. <i>Chenopodium murale</i> | Thuailib |
| | 11. <i>Halocnemum strobilaceum</i> | Thuailib |
| | 12. <i>Halopeplis perfoliata</i> | Thuailib |
| | 13. <i>Haloxylon salicornicum</i> (<i>Hammada elegans</i>) | Al-Shahaniya |
| | 14. <i>Haloxylon salicornicum</i> (<i>Hammada elégans</i>) | Al-Karaana |
| | 15. <i>Salsola imbricata</i> (<i>S. baryosoma</i>) | Thuailib |
| | 16. <i>Salsola imbricata</i> (<i>S. baryosoma</i>) | Thuailib |
| | 17. <i>Suaeda aegyptiaca</i> (<i>Schanginia aegyptiaca</i>) | Ras Ushairij |
| | 18. <i>Suaeda vermiculata</i> | Bu Samara |
| | 19. <i>Suaeda vermiculata</i> | Thuailib |
| VII. Compositae | 20. <i>Calendula arvensis</i> | Um Bab |
| | 21. <i>Ifloga spicata</i> | Um Bab |
| | 22. <i>Launaea capitata</i> | North Road |
| | 23. <i>Launaea mucronata</i> | Ras Ushairij |
| | 24. <i>Rhanterium epapposum</i> | Al-Kharrara |
| | 25. <i>Sonchus oleraceous</i> | Thuailib |
| VIII. Convolvulaceae | 26. <i>Cressa cretica</i> | Doha |
| | 27. <i>Convolvulus arvensis</i> | Doha |
| | 28. <i>Convolvulus deserti</i> | North Road |
| | 29. <i>Convolvulus glomeratus</i> | Ras Ushairij |
| | 30. <i>Convolvulus pilosellifolius</i> | Um Bab |
| | 31. <i>Convolvulus pilosellifolius</i> | North Road |
| | 32. <i>Convolvulus pilosellifolius</i> | Doha |
| IX. Cyperaceae | 33. <i>Cyperus capitatus</i> | Al-Waab |
| | 34. <i>Cyperus conglomeratus</i> | Al-Kharrara |

| Class | Species | Location |
|---|---|--------------------|
| X. Fabaceae | 35. <i>Indigofera articulata</i> | Um Bab |
| | 36. <i>Indigofera articulata</i> | Musaeed |
| | 37. <i>Medicago laciniata</i> | Musaeed |
| | 38. <i>Medicago laciniata</i> | North Khalifa town |
| | 39. <i>Melilotus indicus</i> | Doha (Airport Rd.) |
| | 40. <i>Taverniera aegyptiaca</i> | Al-Zubara |
| | 41. <i>Trigonella hamosa</i> | Al-Shahaniya |
| XI. Frankeniaceae | 42. <i>Frankenia pulverulenta</i> | Dukhan |
| | 43. <i>Frankenia pulverulenta</i> | Doha |
| XII. Geraniaceae | 44. <i>Erodium glaucophyllum</i> | Al-Kharrara |
| XIII. Gramineae | 45. <i>Aeluropus lagopoides</i> | North Road |
| | 46. <i>Aeluropus lagopoides</i> | Thuailib |
| | 47. <i>Aeluropus lagopoides</i> | Doha |
| | 48. <i>Aeluropus lagopoides</i> | Un Taga |
| | 49. <i>Cenchrus ciliaris</i> | Um Bab |
| | 50. <i>Cenchrus pennisetiformis</i> | Doha |
| | 51. <i>Chrysopogon aucheri</i> | Msaieed |
| | 52. <i>Chrysopogon aucheri</i> | Al-Obara |
| | 53. <i>Cymbopogon commutatus</i> (<i>C. parkeri</i>) | Al-Zubara |
| | 54. <i>Cymbopogon commutatus</i> (<i>C. parkeri</i>) | North Road |
| | 55. <i>Cymbopogon commutatus</i> (<i>C. parkeri</i>) | Msaieed |
| | 56. <i>Cynodon dactylon</i> | Al-Shahaniya |
| | 57. <i>Dactyloctenium aegyptium</i> | Al-Shahaniya |
| | 58. <i>Echinochloa colona</i> | Al-Shahaniya |
| | 59. <i>Lasiurus indicus</i> (<i>L. hirsutus</i>) | Thuailib |
| | 60. <i>Lasiurus indicus</i> (<i>L. hirsutus</i>) | Al-Obara |
| | 61. <i>Ochthochloa compressa</i> (<i>Eleusine compressa</i>) | Um Bab |
| 62. <i>Pennisetum divisum</i> | Al-Kharrara | |
| 63. <i>Polypogon monspeliensis</i> | North Khalifa Town | |
| 64. <i>Setaria verticillata</i> | Al-Shahaniya | |
| 65. <i>Sporobolus ioclades</i> (<i>S. arabicus</i>) | Ras Laffan | |
| 66. <i>Sporobolus ioclades</i> (<i>S. arabicus</i>) | Thuailib | |
| 67. <i>Sporobolus spicatus</i> (<i>S. obtusa</i>) | Al-Shahaniya | |
| 68. <i>Sporobolus spicatus</i> (<i>S. obtusa</i>) | Al-Zubara | |
| 69. <i>Stipagrostis obtusa</i> | Msaieed | |
| 70. <i>Stipagrostis plumosa</i> | Thuailib | |

| Class | Species | Location |
|-----------------------------|---|-------------------|
| Gramineae (<i>Contd.</i>) | 71. <i>Stipagrostis plumosa</i> | Ras Ushairij |
| | 72. <i>Stipagrostis spicatus</i> | Un Taga |
| XIV. Juncaceae | 73. <i>Juncus rigidus</i> | Ras Ushairij |
| XV. Malvaceae | 74. <i>Malva parviflora</i> | Doha |
| XVI. Mimosaceae | 75. <i>Acacia tortilis</i> | Al-Shahaniya |
| XVII. Neuradaceae | 76. <i>Neurada procumbens</i> | Um Bab |
| XVIII. Plantaginaceae | 77. <i>Plantago amplexicaulis</i> | Al-Shahaniya |
| | 78. <i>Plantago ciliata</i> | Um Bab |
| XIX. Plumbaginaceae | 79. <i>Limonium axillare</i> (leaves) | Doha |
| | 80. <i>Limonium axillare</i> (whole plant) | Fwairit |
| | 81. <i>Limonium axillare</i> (Inflorescences) | Doha |
| XX. Polygonaceae | 82. <i>Rumex dentatus</i> | Doha |
| | 83. <i>Rumex vesicarius</i> | Un Solal Mohammad |
| XXI. Rhamnaceae | 84. <i>Ziziphus nummularia</i> | Al-Shahaniya |
| XXII. Solanaceae | 85. <i>Lycium shawii</i> | Al-Shahaniya |
| XXIII. Tamaraceae | 86. <i>Tamarix aucheriana</i> | Thuailib |
| XXIV. Typhaceae | 87. <i>Typha domingensis</i> | Al-Shahaniya |
| | 88. <i>Typha domingensis</i> | Al-Obara |
| XXV. Zygophyllaceae | 89. <i>Fagonia indica</i> | Fwairit |
| | 90. <i>Fagonia ovalifolia</i> | Fwairit |
| | 91. <i>Zygophyllum qatarense</i> | Ras Laffan |
| | 92. <i>Zygophyllum qatarense</i> | Thuailib |

RESULTS AND DISCUSSION

The study showed that variation in both amino acids and proteins exists between and within the same species collected from different locations; this is represented in the following species: *Avicennia marina*, *Haloxylon salicornicum* (*Hammada elegans*), *Salsola imbricata* (*S. barysoma*), *Suaeda vermiculata*, *Convolvulus pilosellifolius*, *Indigofera articulata*, *Medicago lacinata*, *Frankenia pulverulenta*, *Aeluropus lagopoides*, *Chrysopogon aucheri*, *Cymbopogon commutatus* (*C. parkeri*), *Lasiurus indicus* (*L. hirsutus*), *Sporobolus oclados* (*S. arabicus*), *Sporobolus spicatus* (*S. obtusa*), *Stipagrostis plumosa*, *Typha domingensis* and *Zygophyllum qatarense* (Table-3).

The values obtained in this study were compared with those reported in literature for the same species. *Capparis spinosa* growing in Spain contained 5.8% protein⁸, which is lower than the same species growing in Qatar (7.3%). *Atriplex leucoclada* was reported to contain 8.4% protein⁹, which is higher than that found in the species collected from Qatar (3.9%). The protein contents of *Haloxylon salicornicum*, growing in the eastern province of Saudi Arabia (11.3%)⁹ was close to that growing in Qatar (12.6%).

TABLE-3
AMINO ACIDS AND PROTEINS VALUES OF SOME QATARI RANGE PLANTS

| Class | Species | Essential Amino acids | | | | | | | | | | | Other amino acids | | | | | | | Protein |
|-------|-----------------------|-----------------------|------|------|------|------|------|------|------|------|------|------|-------------------|------|------|------|------|--------|------|---------|
| | | Arg | His | Ile | Leu | Lys | Met | Phe | Thr | Val | Asp | Ser | Glu | Pro | Gly | Ala | Cys | Tyr | | |
| I. | <i>Aizoaceae</i> | 0.46 | 0.15 | 0.25 | 0.54 | 0.34 | 0.12 | 0.34 | 0.32 | 0.36 | 0.75 | 0.39 | 0.11 | 0.46 | 0.57 | 0.45 | 0.12 | 0.28 | 9.7 | |
| II. | <i>Amaranthaceae</i> | 0.39 | 0.12 | 0.31 | 0.57 | 0.36 | 0.10 | 0.36 | 0.33 | 0.39 | 0.82 | 0.37 | 0.97 | 0.88 | 0.46 | 0.41 | 0.10 | 0.29 | 11.8 | |
| III. | <i>Asclepiadaceae</i> | 0.27 | 0.07 | 0.16 | 0.33 | 0.20 | 0.08 | 0.26 | 0.19 | 0.20 | 0.44 | 0.23 | 0.55 | 0.22 | 0.28 | 0.22 | 0.15 | 0.14 | 5.6 | |
| IV. | <i>Avicenniaceae</i> | 0.31 | 0.10 | 0.22 | 0.45 | 0.26 | 0.08 | 0.28 | 0.27 | 0.30 | 0.70 | 0.30 | 0.65 | 0.27 | 0.34 | 0.34 | 0.11 | 0.14 | 9.3 | |
| | | 0.48 | 0.14 | 0.37 | 0.78 | 0.26 | 0.15 | 0.45 | 0.43 | 0.51 | 0.93 | 0.44 | 0.99 | 0.44 | 0.54 | 0.53 | 0.10 | 0.23 | 13.8 | |
| V. | <i>Cappariaceae</i> | 0.76 | 0.33 | 0.52 | 1.00 | 0.75 | 0.26 | 0.93 | 0.57 | 0.84 | 1.83 | 0.72 | 1.64 | 0.70 | 0.88 | 0.83 | 0.22 | 0.60 | 7.3 | |
| VI. | <i>Chenopodiaceae</i> | 0.17 | 0.06 | 0.11 | 0.21 | 0.15 | 0.05 | 0.15 | 0.13 | 0.16 | 0.30 | 0.17 | 0.37 | 0.14 | 0.27 | 0.18 | 0.07 | 0.09 | 5.6 | |
| | | 0.20 | 0.06 | 0.10 | 1.91 | 0.14 | 0.05 | 0.13 | 0.13 | 0.14 | 0.28 | 0.15 | 0.33 | 0.16 | 0.18 | 0.16 | 0.04 | traces | 5.9 | |
| | | 0.09 | 0.04 | 0.10 | 0.17 | 0.13 | 0.04 | 0.11 | 0.13 | 0.14 | 0.26 | 0.15 | 0.27 | 0.14 | 0.21 | 0.15 | 0.05 | 0.04 | 3.9 | |
| | | 0.09 | 0.24 | 0.36 | 0.66 | 0.49 | 0.17 | 0.45 | 0.37 | 0.43 | 0.91 | 0.44 | 1.41 | 0.41 | 0.66 | 0.46 | 0.20 | 0.25 | 11.9 | |
| | | 0.18 | 0.05 | 0.10 | 0.21 | 0.15 | 0.05 | 0.13 | 0.12 | 0.15 | 0.28 | 0.13 | 0.30 | 0.15 | 0.18 | 0.16 | 0.06 | 0.03 | 5.2 | |
| | | 0.09 | 0.06 | 0.09 | 0.18 | 0.11 | 0.04 | 0.11 | 0.09 | 0.12 | 0.24 | 0.10 | 0.32 | 0.13 | 0.17 | 0.15 | 0.05 | traces | 4.9 | |
| | | 0.55 | 0.24 | 0.42 | 0.76 | 0.60 | 0.14 | 0.48 | 0.38 | 0.57 | 1.30 | 0.48 | 1.10 | 0.39 | 0.48 | 0.56 | 0.35 | 0.34 | 12.6 | |
| | | 0.31 | 0.22 | 0.28 | 0.51 | 0.34 | 0.11 | 0.31 | 0.30 | 0.37 | 0.70 | 0.37 | 0.75 | 0.32 | 0.56 | 0.39 | 0.14 | traces | 12.6 | |
| | | 0.17 | 0.07 | 0.15 | 0.29 | 0.19 | 0.04 | 0.19 | 0.18 | 0.23 | 0.41 | 0.21 | 0.48 | 0.18 | 0.30 | 0.23 | 0.06 | 0.08 | 6.1 | |
| | | 0.16 | 0.08 | 0.15 | 0.31 | 0.21 | 0.07 | 0.22 | 0.18 | 0.21 | 0.46 | 0.21 | 0.52 | 0.18 | 0.30 | 0.25 | 0.07 | 0.04 | 7.9 | |
| | | 0.24 | 0.10 | 0.23 | 0.43 | 0.30 | 0.08 | 0.33 | 0.26 | 0.17 | 0.53 | 0.33 | 0.63 | 0.20 | 0.47 | 0.31 | 0.30 | 0.18 | 23.7 | |

| Class | Species | Essential Amino acids | | | | | | | | | | | Other amino acids | | | | | | | | Protein |
|----------------------|--|-----------------------|------|------|------|------|------|------|------|------|------|------|-------------------|------|------|------|------|------|------|------|---------|
| | | Arg | His | Ile | Leu | Lys | Met | Phe | Thr | Val | Asp | Ser | Glu | Pro | Gly | Ala | Cys | Tyr | | | |
| VII. Compositae | 18. <i>Suaeda vermiculata</i> | 0.19 | 0.10 | 0.12 | 0.32 | 0.21 | 0.08 | 0.21 | 0.21 | 0.21 | 0.28 | 0.48 | 0.22 | 0.55 | 0.22 | 0.40 | 0.26 | 0.12 | 0.16 | 10.3 | |
| | 19. <i>Suaeda vermiculata</i> | 0.21 | 0.10 | 0.18 | 0.35 | 0.24 | 0.08 | 0.23 | 0.22 | 0.25 | 0.50 | 0.25 | 0.58 | 0.24 | 0.36 | 0.27 | 0.04 | 0.09 | 9.6 | | |
| | 20. <i>Calendula arvensis</i> | 0.67 | 0.27 | 0.49 | 1.00 | 0.74 | 0.27 | 0.81 | 0.58 | 0.69 | 1.21 | 0.68 | 1.75 | 0.68 | 0.78 | 0.74 | 0.17 | 0.52 | 12.9 | | |
| | 21. <i>Iffoga spicata</i> | 0.36 | 0.17 | 0.34 | 0.64 | 0.44 | 0.19 | 0.39 | 0.40 | 0.46 | 1.08 | 0.43 | 1.13 | 0.54 | 0.49 | 0.47 | 0.11 | 0.30 | 9.5 | | |
| | 22. <i>Launaea capitata</i> | 0.39 | 0.22 | 0.31 | 0.58 | 0.43 | 0.08 | 0.38 | 0.29 | 0.42 | 1.25 | 0.39 | 1.26 | 0.68 | 0.55 | 0.47 | 0.18 | 0.43 | 12.4 | | |
| | 23. <i>Launaea mucronata</i> | 0.18 | 0.07 | 0.17 | 0.30 | 0.16 | 0.08 | 0.18 | 0.18 | 0.24 | 0.44 | 0.20 | 0.48 | 0.28 | 0.25 | 0.23 | 0.06 | 0.13 | 5.6 | | |
| VIII. Convolvulaceae | 24. <i>Rhanterium epapposum</i> | 0.11 | 0.06 | 0.15 | 0.27 | 0.15 | 0.04 | 0.17 | 0.16 | 0.19 | 0.35 | 0.18 | 0.39 | 0.22 | 0.22 | 0.20 | 0.06 | 0.15 | 4.4 | | |
| | 25. <i>Sonchus oleraceus</i> | 0.48 | 0.18 | 0.30 | 0.54 | 0.41 | 0.11 | 0.42 | 0.34 | 0.43 | 1.54 | 0.41 | 1.27 | 0.56 | 0.41 | 0.40 | 0.09 | 0.19 | 5.6 | | |
| | 26. <i>Cressa cretica</i> | 0.29 | 0.10 | 0.23 | 0.44 | 0.31 | 0.10 | 0.29 | 0.23 | 0.28 | 0.59 | 0.24 | 0.61 | 0.26 | 0.34 | 0.33 | 0.15 | 0.08 | 7.9 | | |
| | 27. <i>Convolvulus arvensis</i> | 0.84 | 0.34 | 0.63 | 1.20 | 0.84 | 0.27 | 0.87 | 0.73 | 0.92 | 3.78 | 0.75 | 1.80 | 0.69 | 0.85 | 0.85 | 0.19 | 0.61 | 22.6 | | |
| | 28. <i>Convolvulus deserti</i> | 0.28 | 0.16 | 0.30 | 0.54 | 0.32 | 0.15 | 0.34 | 0.32 | 0.38 | 0.76 | 0.34 | 0.78 | 0.30 | 0.38 | 0.37 | 0.08 | 0.26 | 7.0 | | |
| | 29. <i>Convolvulus glomeratus</i> | 0.27 | 0.11 | 0.24 | 0.47 | 0.27 | 0.10 | 0.30 | 0.25 | 0.30 | 0.80 | 0.30 | 0.75 | 0.30 | 0.37 | 0.35 | 0.10 | 0.24 | 8.2 | | |
| | 30. <i>Convolvulus pilosellifolius</i> | 0.37 | 0.14 | 0.29 | 0.55 | 0.40 | 0.14 | 0.37 | 0.33 | 0.37 | 1.11 | 0.35 | 0.92 | 0.31 | 0.41 | 0.40 | 0.14 | 0.27 | 8.4 | | |
| | 31. <i>Convolvulus pilosellifolius</i> | 0.34 | 0.13 | 0.27 | 0.55 | 0.37 | 0.14 | 0.42 | 0.32 | 0.36 | 0.81 | 0.40 | 0.81 | 0.34 | 0.42 | 0.41 | 0.10 | 0.26 | 9.9 | | |
| | 32. <i>Convolvulus pilosellifolius</i> | 0.40 | 0.16 | 0.36 | 0.67 | 0.45 | 0.18 | 0.43 | 0.41 | 0.50 | 1.28 | 0.43 | 1.02 | 0.41 | 0.53 | 0.50 | 0.10 | 0.38 | 10.7 | | |
| | 33. <i>Cyperus capitatus</i> | 0.23 | 0.10 | 0.22 | 0.44 | 0.25 | 0.10 | 0.28 | 0.28 | 0.28 | 1.15 | 0.33 | 0.84 | 0.26 | 0.29 | 0.35 | 0.08 | 0.17 | 7.4 | | |
| IX. Cyperaceae | 34. <i>Cyperus conglomeratus</i> | 0.05 | 0.02 | 0.05 | 0.09 | 0.05 | 0.02 | 0.06 | 0.06 | 0.06 | 0.34 | 0.06 | 0.15 | 0.06 | 0.07 | 0.08 | 0.02 | 0.04 | 2.5 | | |
| | 35. <i>Indigofera articulata</i> | 0.12 | 0.06 | 0.06 | 0.21 | 0.18 | 0.04 | 0.14 | 0.16 | 0.18 | 0.38 | 0.18 | 0.33 | 0.22 | 0.18 | 0.18 | 0.04 | 0.08 | 4.2 | | |
| X. Fabaceae | 36. <i>Indigofera articulata</i> | 0.38 | 0.18 | 0.37 | 0.73 | 0.53 | 0.10 | 0.46 | 0.36 | 0.45 | 1.32 | 0.42 | 1.00 | 0.60 | 0.48 | 0.50 | 0.15 | 0.34 | 10.6 | | |

| Class | Species | Essential Amino acids | | | | | | | | | | | | | Other amino acids | | | | | Protein |
|-------|---|-----------------------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------|------|------|--------|------|---------|
| | | Arg | His | Ile | Leu | Lys | Met | Phe | Thr | Val | Val | Asp | Ser | Glu | Pro | Gly | Ala | Cys | Tyr | |
| | 37. <i>Medicago laciniata</i> | 1.00 | 0.41 | 0.71 | 1.27 | 1.01 | 0.24 | 0.84 | 0.72 | 0.92 | 1.92 | 0.76 | 1.98 | 0.10 | 0.96 | 0.90 | 0.33 | 0.57 | 19.6 | |
| | 38. <i>Medicago laciniata</i> | 0.10 | 0.35 | 0.66 | 1.14 | 0.92 | 0.22 | 0.81 | 0.64 | 0.92 | 2.90 | 0.70 | 1.90 | 1.07 | 0.77 | 0.83 | 0.33 | 0.56 | 20.0 | |
| | 39. <i>Melilotus indicus</i> | 1.06 | 0.38 | 0.89 | 1.63 | 1.21 | 0.33 | 0.21 | 0.83 | 0.21 | 2.20 | 0.74 | 2.63 | 1.00 | 1.06 | 1.28 | 0.46 | 0.74 | 23.4 | |
| | 40. <i>Taverniera aegyptiaca</i> | 0.23 | 0.12 | 0.15 | 0.29 | 0.37 | 0.10 | 0.30 | 0.19 | 0.27 | 1.64 | 0.27 | 0.70 | 0.54 | 0.24 | 0.31 | 0.10 | 0.74 | 9.1 | |
| | 41. <i>Trigonella hamosa</i> | 0.90 | 0.35 | 0.50 | 0.86 | 0.70 | 0.20 | 0.71 | 0.54 | 0.57 | 3.14 | 0.72 | 1.40 | 0.16 | 0.72 | 0.67 | 0.21 | 0.44 | 18.8 | |
| | 42. <i>Frankenia pulverulenta</i> | 0.33 | 0.12 | 0.33 | 0.60 | 0.35 | 0.17 | 0.36 | 0.31 | 0.43 | 0.91 | 0.30 | 0.78 | 0.63 | 0.41 | 0.40 | 0.15 | 0.24 | 9.0 | |
| | 43. <i>Frankenia pulverulenta</i> | 0.35 | 0.27 | 0.40 | 0.68 | 0.53 | 0.10 | 0.52 | 0.39 | 0.65 | 1.01 | 0.50 | 3.03 | 2.13 | 0.52 | 0.53 | 0.12 | 0.33 | 14.0 | |
| | 44. <i>Erodium glaucophyllum</i> | 0.8 | 0.21 | 0.28 | 0.52 | 0.34 | 0.09 | 0.35 | 0.28 | 0.34 | 1.00 | 0.34 | 1.32 | 0.44 | 0.47 | 0.40 | 0.11 | 0.23 | 13.2 | |
| | 45. <i>Aeluropus lagopoides</i> | 1.00 | 0.24 | 0.32 | 0.60 | 0.54 | 0.11 | 0.38 | 0.34 | 0.40 | 1.30 | 0.50 | 1.50 | 0.50 | 0.60 | 0.42 | 0.17 | 0.36 | 8.9 | |
| | 46. <i>Aeluropus lagopoides</i> | 0.18 | 0.05 | 0.11 | 0.25 | 0.15 | 0.06 | 0.17 | 0.12 | 0.18 | 0.41 | 0.11 | 0.42 | 0.24 | 0.22 | 0.24 | 0.10 | 0.09 | 4.5 | |
| | 47. <i>Aeluropus lagopoides</i> | 0.21 | 0.15 | 0.22 | 0.44 | 0.26 | 0.10 | nd | 0.25 | 0.30 | 0.71 | 0.29 | 0.74 | 0.35 | 0.36 | 0.40 | 0.10 | traces | 8.0 | |
| | 48. <i>Aeluropus lagopoides</i> | 0.32 | 0.09 | 0.27 | 0.54 | 0.25 | 0.11 | 0.33 | 0.28 | 0.38 | 0.88 | 0.31 | 0.82 | 0.45 | 0.40 | 0.45 | 0.12 | 0.16 | 8.9 | |
| | 49. <i>Cenchrus ciliaris</i> | 0.28 | 0.12 | 0.23 | 0.44 | 0.33 | 0.07 | 0.27 | 0.22 | 0.27 | 0.78 | 0.28 | 0.85 | 0.33 | 0.31 | 0.34 | 0.09 | 0.20 | 7.5 | |
| | 50. <i>Cenchrus pennisetiformis</i> | 0.38 | 0.15 | 0.27 | 0.55 | 0.39 | 0.14 | 0.42 | 0.33 | 0.40 | 1.71 | 0.44 | 1.18 | 0.41 | 0.41 | 0.52 | 0.21 | 0.24 | 13.1 | |
| | 51. <i>Chrysopogon aucheri</i> | 0.29 | 0.10 | 0.20 | 0.40 | 0.26 | 0.09 | 0.27 | 0.26 | 0.28 | 1.02 | 0.35 | 0.80 | 0.34 | 0.29 | 0.39 | 0.08 | 0.19 | 8.7 | |
| | 52. <i>Chrysopogon aucheri</i> | 0.21 | 0.08 | 0.19 | 0.44 | 0.20 | 0.10 | 0.22 | 0.20 | 0.26 | 0.57 | 0.24 | 0.85 | 0.50 | 0.24 | 0.33 | 0.06 | 0.15 | 6.2 | |
| | 53. <i>Cymbopogon commutatus (C. parkeri)</i> | 0.29 | 0.15 | 0.22 | 0.41 | 0.33 | 0.10 | 0.28 | 0.23 | 0.38 | 0.62 | 0.30 | 0.66 | nd | 0.47 | 0.34 | 0.13 | 0.30 | 14.4 | |
| | 54. <i>Cymbopogon commutatus (C. parkeri)</i> | 0.13 | 0.05 | 0.11 | 0.25 | 0.11 | 0.05 | 0.13 | 0.13 | 0.16 | 0.32 | 0.15 | 0.38 | 0.31 | 0.15 | 0.21 | 0.03 | 0.08 | 4.1 | |
| | 55. <i>Cymbopogon commutatus (C. parkeri)</i> | 0.20 | 0.06 | 0.14 | 0.28 | 0.20 | 0.06 | 0.20 | 0.17 | 0.19 | 0.57 | 0.19 | 0.45 | 0.21 | 0.20 | 0.26 | 0.07 | 0.11 | 5.1 | |

| Class | Species | Essential Amino acids | | | | | | | | | | Other amino acids | | | | | | | Protein | |
|-----------------------|---|-----------------------|------|------|------|------|------|------|------|------|------|-------------------|------|------|------|------|------|--------|---------|-----|
| | | Arg | His | Ile | Leu | Lys | Met | Phe | Thr | Val | Val | Asp | Ser | Glu | Pro | Gly | Ala | Cys | | Tyr |
| XVI. Mimosaceae | 75. <i>Acacia tortilis</i> | 0.44 | 0.16 | 0.39 | 0.69 | 0.55 | 0.14 | 0.49 | 0.45 | 0.48 | 1.06 | 0.45 | 1.00 | 0.53 | 0.48 | 0.48 | 0.17 | 0.31 | 12.8 | |
| XVII. Neuradaceae | 76. <i>Neurada procumbens</i> | 0.50 | 0.24 | 0.41 | 0.70 | 0.50 | 0.19 | 0.50 | 0.34 | 0.48 | 2.16 | 0.43 | 1.46 | 1.24 | 0.53 | 0.54 | 0.25 | 0.32 | 14.5 | |
| XVIII. Plantaginaceae | 77. <i>Plantago amplexicaulis</i> | 0.44 | 0.16 | 0.33 | 0.58 | 0.34 | 0.17 | 0.36 | 0.35 | 0.44 | 0.80 | 0.38 | 1.21 | 0.33 | 0.47 | 0.45 | 0.12 | 0.25 | 8.6 | |
| | 78. <i>Plantago ciliata</i> | 0.50 | 0.20 | 0.36 | 0.65 | 0.45 | 0.20 | 0.60 | 0.41 | 0.48 | 1.41 | 0.42 | 1.35 | 0.42 | 0.47 | 0.50 | 0.21 | 0.30 | 10.1 | |
| XIX. Plumbaginaceae | 79. <i>Limonium axillare</i> (leaves) | 0.13 | 0.10 | 0.11 | 0.20 | 0.16 | 0.06 | 0.13 | 0.13 | 0.15 | 0.27 | 0.15 | 0.34 | 0.20 | 0.43 | 0.24 | 0.31 | 0.16 | 0.05 | 5.4 |
| | 80. <i>Limonium axillare</i> (whole plant) | 0.19 | 0.08 | 0.15 | 0.29 | 0.20 | 0.08 | 0.17 | 0.17 | 0.19 | 0.34 | 0.20 | 0.43 | 0.24 | 0.31 | 0.21 | 0.11 | 0.15 | 5.3 | |
| | 81. <i>Limonium axillare</i> (Inflorescences) | 0.32 | 0.15 | 0.23 | 0.43 | 0.31 | 0.12 | 0.28 | 0.25 | 0.29 | 0.58 | 0.31 | 0.74 | 0.34 | 0.41 | 0.30 | 0.09 | 0.22 | 8.4 | |
| XX. Polygonaceae | 82. <i>Rumex dentatus</i> | 1.05 | 0.47 | 0.61 | 1.19 | 0.92 | 0.30 | 1.01 | 0.68 | 0.92 | 1.58 | 0.76 | 3.75 | 1.16 | 0.83 | 0.92 | 0.22 | 0.63 | 23.9 | |
| | 83. <i>Rumex vesicarius</i> | 0.38 | 0.15 | 0.26 | 0.50 | 0.28 | 0.12 | 0.32 | 0.24 | 0.35 | 0.59 | 0.27 | 0.99 | 0.31 | 0.39 | 0.37 | 0.19 | 0.12 | 9.1 | |
| XXI. Rhamnaceae | 84. <i>Ziziphus nummularia</i> | 0.40 | 0.16 | 0.40 | 0.69 | 0.42 | 0.16 | 0.42 | 0.38 | 0.53 | 1.05 | 0.37 | 1.27 | 0.41 | 0.45 | 0.49 | 0.12 | 0.28 | 9.6 | |
| XXII. Solanaceae | 85. <i>Lycium shawii</i> | 0.38 | 0.14 | 0.29 | 0.53 | 0.39 | 0.10 | 0.35 | 0.28 | 0.35 | 1.10 | 0.33 | 0.71 | 0.21 | 0.35 | 0.37 | 0.18 | 0.25 | 9.9 | |
| XXIII. Tamaraceae | 86. <i>Tamarix aucheriana</i> | 0.41 | 0.11 | 0.19 | 0.39 | 0.29 | 0.09 | 0.23 | 0.22 | 0.26 | 0.47 | 0.24 | 0.54 | 0.34 | 0.30 | 0.29 | 0.08 | 0.16 | 6.9 | |
| XXIV. Typhaceae | 87. <i>Typha domingensis</i> | 0.45 | 0.16 | 0.36 | 0.63 | 0.50 | 0.18 | 0.06 | 0.39 | 0.51 | 1.64 | 0.36 | 1.31 | 0.34 | 0.56 | 0.51 | 0.26 | traces | 14.1 | |
| | 88. <i>Typha domingensis</i> | 0.17 | 0.06 | 0.16 | 0.33 | 0.15 | 0.07 | 0.20 | 0.16 | 0.20 | 0.44 | 0.17 | 0.59 | 0.19 | 0.24 | 0.25 | 0.10 | 0.11 | 5.2 | |
| XXV. Zygophyllaceae | 89. <i>Fagonia indica</i> | 0.54 | 0.20 | 0.41 | 0.77 | 0.52 | 0.20 | 0.50 | 0.38 | 0.50 | 1.11 | 0.40 | 1.30 | 0.55 | 0.61 | 0.57 | 0.30 | 0.41 | 11.3 | |
| | 90. <i>Fagonia ovalifolia</i> | 0.45 | 0.14 | 0.30 | 0.53 | 0.37 | 0.91 | 0.35 | 0.30 | 0.35 | 0.77 | 0.33 | 0.90 | 0.44 | 0.47 | 0.40 | 0.14 | 0.32 | 8.4 | |
| | 91. <i>Zygophyllum qatarense</i> | 0.30 | 0.10 | 0.14 | 0.30 | 0.21 | 0.07 | 0.22 | 0.15 | 0.20 | 0.60 | 0.16 | 0.82 | 0.26 | 0.27 | 0.26 | 0.13 | 0.15 | 6.2 | |
| | 92. <i>Zygophyllum qatarense</i> | 0.26 | 0.10 | 0.15 | 0.32 | 0.22 | 0.08 | 0.25 | 0.15 | 0.23 | 0.60 | 0.19 | 0.75 | 0.45 | 0.28 | 0.27 | 0.14 | 0.15 | 6.3 | |

As regards the Compositae species, the protein of *Rhanterium epapposum* growing in Qatar (4.4%) is within the range of that reported for the species collected from the eastern province of Saudi Arabia⁹. However, in the Gramineae, *Cynodon dactylon* (Bermuda grass) growing in Qatar contained 12.9% protein, which is much higher than that reported for the same species studied from lower and Upper Bermuda (4.25 and 6.16%)¹⁰ and is also higher than the Venezuelan species (4.7%)¹¹ and the Brazilian one too (8.8%)¹².

Table-4 shows a comparison of the amino acids of *Cynodon dactylon* growing in Qatar as compared to that growing in Australia¹³.

TABLE-4
COMPARISON OF THE AMINO ACIDS OF CYNODON DACTYLON

| Amino acids | Qatar* | Australia* | Amino acids | Qatar* | Australia* |
|-------------|--------|------------|-------------|--------|------------|
| Thr | 3.18 | 5.3 | Ile | 3.10 | 3.6 |
| Ser | 3.88 | 5.6 | Leu | 5.50 | 9.3 |
| Gly | 3.72 | 5.4 | Try | 2.32 | 4.5 |
| Ala | 4.73 | 7.8 | Phe | 4.65 | 5.6 |
| Cys | 0.93 | 1.0 | His | 1.32 | 2.0 |
| Val | 4.57 | 4.6 | Arg | 3.41 | 3.9 |
| Mct | 1.63 | 1.7 | | | |

*Per cent of total protein.

The following amino acids were reported in the leaves of *Echinochloa colona* growing in India: Gly (0.01%), Ala (0.01%), Thr (0.5%) and Leu (0.18%)¹⁴; whereas their percentages in the whole plant of the species growing in Qatar are: (0.42, 0.53, 0.42 and 0.58%) respectively, which indicated that the Qatar species is more nutritional. The protein content of *Lasiurus indicus* growing in Pakistan was reported to be (6.3–8.7%)¹⁵, which is higher than the values reported for the same species in Qatar (5.1–5.9%). Similarly, the protein content reported for *Pennisetum divisum* from the eastern province of Saudi Arabia (7.4%)⁹ was higher than that found for the one growing in Qatar (5.3%). The protein value reported for *Stipagrostis plumosa* growing in the eastern province of Saudi Arabia (7.3%)⁹ falls within the range found in the three specimens studied in Qatar (7.1, 8.1 and 9.9%).

Analysis of taxa within each family was focused on selected features within their representatives. In general, tribal and sub-tribal classification is known for all studied species. However, the species were sub-divided according to whether they are grasses on non-saline sandy soils (wild), common agricultural weeds (or on irrigated land) or grasses of salt flats. In the Chenopodiaceae, the species were split into three categories: halophytes, xerophytes or weeds. In the Fabaceae, the species were grouped according to their known tribal classification. In the Compositae, the largest family is represented in the flora of Qatar by a number of agricultural weeds and some common wild plants. Composites form two natural

groups distinguished by the composition of their inflorescence head. The genera *Launaea* and *Sonchus* have heads of ray florets; *Ifloga* has head of disc florets only, whereas the genera *Calendula* and *Rhanterium* have heads of both ray and disc florets. Except for *Rhanterium*, a perennial, all other genera in this study are annual.

In general, for all the species analyzed, the highest protein value for the dicotyledonous species (> 20%) in *Rumex dentatus* (23.9%), *Suaeda aegyptiaca* (23.7%), *Melilotus indicus* (23.4%), *Convolvulus arvensis* (22.6%) and *Medicago laciniata* (20.0%), (Table-3). In the monocotyledons, the grass *Setaria verticillata* had a value of 16.9% followed by the reed *Typha domingensis* with 14.1%.

As can be seen, the high protein values are not family-specific but were demonstrated over a wide range of unrelated families. One character links all these taxa and that is their habitat since all occurred in soils rich in organic matter (fields).

According to Yeoh and Watson¹⁶, the nutritional status of the protein in grains of non-cereal growing in arid regions is considered as better compared to cereal crops. Of the studied species of the Gramineae five are common weeds, five are common desert grasses and two are known salt flat plants (salt-tolerant species). Table-5 gives the average protein values of monocots studied species.

TABLE-5
AVERAGE PROTEIN VALUES OF MONOCOTYLEDONES SPECIES
(GRASSES AS COMPARED TO SEDGES AND REEDS)

| Agricultural weeds | Protein value | Wild (desert/arid) species | Protein value | Salt flats | Protein value | Monocot sledges and reeds | Protein value |
|-----------------------|---------------|------------------------------|---------------|---------------------------|---------------|---------------------------|---------------|
| <i>Cynodon</i> | 12.9 | <i>Cymbopogon</i> | 7.83 | <i>Aeluropus</i> | 7.57 | <i>Cyperus (Sledge)</i> | 4.95 |
| <i>Dactyloctenium</i> | 5.6 | <i>Lasiurus</i> | 5.50 | <i>Sporobolus ioclada</i> | 4.05 | <i>Juncus (Reed)</i> | 4.2 |
| <i>Echinochloa</i> | 13.4 | <i>Stipagrostis (Annual)</i> | 8.60 | | | <i>Typha (Reed)</i> | 9.85 |
| <i>Polypogon</i> | 8.1 | <i>Pennisetum</i> | 5.3 | | | | |
| <i>Setaria</i> | 16.9 | | | | | | |

The protein values of the grasses from rich soils were comparatively of higher percentage for all: least 5.6%, average 11.8% and highest protein content 16.9% as compared with 7.1, 6.81 and 8.60% for grasses of sandy soils. The least value was 3.6%, average 5.81% and the highest 8.9%; as compared to reeds and sedges (minimum 2.5%, average 6.27% and maximum 14.1%).

The Chenopodiaceae are quite common in Qatar since the 563 km of its coastline is a typical saline coastline supporting halophytic vegetation (salt-tolerant species). The studied species of Chenopodiaceae fall into 3 main categories (Table-6).

TABLE-6
PROTEIN VALUES OF DIFFERENT CATEGORIES OF THE CHENOPODIACEAE

| Salt tollerant | Protein | Desert xerophytes | Protein | Weed species | Protein |
|--------------------------------|----------|---|---------|---------------------------|---------|
| <i>Arthrocnemum glaucum</i> | 5.9 | <i>Anabasis setifera</i> | 5.6 | <i>Chenopodium murale</i> | 11.9 |
| <i>Halocnemum strobilaceum</i> | 5.2 | <i>Atriplex leucoclada</i> | 3.9 | | |
| <i>Halopeplis perfoliata</i> | 4.9 | <i>Haloxylon salicornicum</i> (<i>Hammada elegans</i>) | 12.6 | | |
| <i>Suaeda aegyptiaca</i> | 23.7 | <i>Salsola imbricata</i> | 6.1-7.9 | | |
| <i>Suaeda vermiculata</i> | 9.6-10.3 | | | | |

It is apparent from Table-6 that the genus *Suaeda* has higher protein values as compared to other studied genera. *Suaeda* are shrubby species with succulent leafy shoots, whereas *Arthrocnemum*, *Halocnemum*, *Halopeplis*, with protein value of 4.9-5.9, are all succulent with rudimentary leaves.

The data obtained were compared to world's recognized standards (fish protein concentrate, soya protein isolate and whole egg g/100g protein edible proteins). The values obtained in some cases exceeded the standards while in others they equated to them or fell below them (Table-7).

TABLE-7
COMPARISON OF WORLD STANDARDS PROTEIN WITH GRAMINEAE, CHENOPODS, COMPOSITES, LEGMES AND CONVOLVES FROM QATAR

| Amino acids. | Standards ¹⁷ | | | Range of grasses | | | | |
|--------------|--------------------------|----------------------|----------------------------------|------------------|----------------|-----------------|--------|----------------|
| | Fish protein concentrate | Soya protein isolate | Whole egg g/100 g protein edible | Grami- neae | Cheno- pods | Compo- sites | Legmes | Con- volves |
| Arg | 7.05 | 7.45 | 0.84 | 0.30 | 0.18 | 0.36 | 0.53 | 0.40 |
| His | 2.31 | 2.66 | 0.31 | 0.11 | 0.95 | 0.16 | 0.26 | 0.16 |
| Ile | 5.44 | 5.20 | 0.85 | 0.21 | 0.16 | 0.29 | 0.48 | 0.33 |
| Leu | 8.79 | 6.73 | 1.13 | 0.44 | 0.42 | 0.56 | 0.88 | 0.63 |
| Lys | 10.68 | 5.81 | 0.68 | 0.30 | 0.22 | 0.39 | 0.70 | 0.42 |
| Thr | 4.94 | 3.58 | 0.51 | 0.26 | 0.18 | 0.33 | 0.50 | 0.37 |
| Val | 5.88 | 4.97 | 0.95 | 0.32 | 0.21 | 0.41 | 0.52 | 0.44 |
| Met | 2.80 | 1.25 | 0.40 | 0.08 | 0.06 | 0.13 | 0.18 | 0.15 |
| Cys | 0.91 | 1.78 | 0.30 | 0.11 | 0.20 | 0.11 | 0.23 | 0.12 |
| Phe | 4.30 | 4.29 | 0.74 | 0.29 | 0.20 | 0.39 | 0.50 | 0.43 |

| Amino acids | Standards ¹⁷ | | | Range of grasses | | | | |
|-------------|--------------------------|----------------------|----------------------------------|------------------|----------------|-----------------|--------|----------------|
| | Fish protein concentrate | Soya protein isolate | Whole egg g/100 g protein edible | Grami- neae | Cheno- pods | Compo- sites | Legmes | Con- volves |
| Tyr | 3.94 | 3.34 | 0.55 | 0.18 | 0.08 | 0.29 | 0.58 | 0.30 |
| Ala | 6.27 | 4.08 | 0.71 | 0.39 | 0.20 | 0.42 | 0.67 | 0.46 |
| Asp | 11.13 | 11.51 | 1.20 | 0.94 | 0.44 | 0.98 | 1.93 | 0.82 |
| Glu | 17.14 | 16.94 | 1.58 | 0.80 | 0.51 | 1.04 | 1.42 | 0.96 |
| Gly | 4.42 | 4.88 | 0.45 | 0.39 | 0.30 | 0.45 | 0.63 | 0.64 |
| Pro | 3.80 | 6.27 | 0.54 | 0.48 | 0.19 | 0.49 | 0.53 | 0.37 |
| Ser | 4.59 | 5.45 | 0.92 | 0.31 | 0.22 | 0.38 | 0.54 | 0.40 |

Amino acid weight % composition standards as compared to 5 families of Qatar Range plants.

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